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OPT Plus Form 4A. Regional Tally and Summary Sheet of Preschoolers with Weight & Height Measurement by Age Group, Sex and Nutritional Status

Estimated Population of Children 0-59 months old: 813,613

Total Population of Region: 8,054,772 Source: DOH - EB 2021

REGION: VII CENTRAL VISAYAS WFA - Actual # of Children Measured: 747,708

Year Covered by this OPT Plus: CY 2021

OPT Plus Coverage -- WFA: 91.9%

Prevalence Rate UW & SUW (Last OPT Plus). 3.4%

Indigenous Preschoolers: All: ##### M= ##### F= 22650

Prevalence Rate Underweight & Severe Underweight:

Indigenous groups (pls indicate, if applicable): N/A

0-59 months: 4.1%

Age Group (1)	Weight for Age Status																	Total, by age group																						
	Normal (N)		Underweight (UW)				Severely Underweight (SUW)				Overweight (OW)				TOTAL			N		UW		SUW		OW																
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Total	No.	Prev (%)	No.	Prev (%)	No.	Prev	No.	Prev																	
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)													
0-5 months (R1)	32,676		31,215		418		239		182		144		1,765		1,659		35,041			33,257		68,298			63,891		93.5		657		1.0		326		0.5		3,424		5.0	
6-11 months (R2)	31,102		29,045		860		466		276		190		502		482		32,740			30,183		62,923			60,147		95.6		1,326		2.1		466		0.7		984		1.6	
12-23 months (R3)	73,667		69,787		2,596		1,776		751		527		1,264		1,152		78,278			73,242		151,520			143,454		94.7		4,372		2.9		1,278		0.8		2,416		1.6	
24-35 months (R4)	73,282		68,521		2,989		2,568		653		601		1,040		835		77,964			72,525		150,489			141,803		94.2		5,557		3.7		1,254		0.8		1,875		1.2	
36-47 months (R5)	76,116		70,857		3,091		3,067		682		669		1,114		746		81,003			75,339		156,342			146,973		94.0		6,158		3.9		1,351		0.9		1,860		1.2	
48-59 months (R6)	76,978		71,592		3,302		3,178		655		665		1,164		602		82,099			76,037		158,136			148,570		94.0		6,480		4.1		1,320		0.8		1,766		1.1	
Total (R7) 0-23 mos	137,445		130,047		3,874		2,481		1,209		861		3,531		3,293		146,059			136,682		282,741			267,492				6,355		2,070				6,824					
Prevalence(%) 0-23 mos	94.1		95.1		2.7		1.8		0.8		0.6		2.4		2.4										94.61		2.25		0.73				2.41							
Total (R9) 0-59 mos	363,821		341,017		13,256		11,294		3,199		2,796		6,849		5,476		387,125			360,583		747,708			704,838		24,550		5,995				12,325							
Prevalence(%) 0-59 mos	94.0		94.6		3.4		3.1		0.8		0.8		1.8		1.5										94.27		3.28		0.80				1.65							

Note: a) R1 means Row No. 1, R2 means Row 2, etc.; b) Total (R7) - refers to the sum of preschoolers by nutritional status for children 0-59 months; c) Prevalence (R8 & R10) - refers to the prevalence rate by sex, by nutritional status for age group 0- 59 mos.

1/ Refers to previous year prevalence rate of the area

Use WEIGHT-FOR-LENGTH or WEIGHT-FOR-HEIGHT to correctly determine overweight and obesity

Prepared by: Nasudi G. Soluta
Nutrition Officer III, NNC- Region

Approved: Parolita A. Mission
Regional Nutrition Program Coordinator

Date: 24/01/2022

Date: 24/01/2022

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
VII CENTRAL VISAYAS



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OPT Plus Form 4A. Regional Tally and Summary Sheet of Preschoolers with Weight & Height Measurement by Age Group, Sex and Nutritional Status

Estimated Popn of Children 0-59 months old: 813,613

Total Population of Region: 8,054,772 Source: DOH - EB 2021

REGION: VII CENTRAL VISAYAS

L/HFA - Actual # Children Measured: 747,709

Year Covered by this OPT Plus: CY 2021

OPT Plus Coverage -- L/HFA: 91.9%

Prevalence Rate Stunting & Sev. Stunting (Last OPT Plus): 7.6%

Indigenous Preschoolers: All: ##### M= ##### F= 22650

Prevalence Rate Stunting & Severe Stunting:
0-59 months: 9.7%

Indigenous groups (pls indicate, if applicable): N/A

Age Group (1)	Length/Height for Age Status																	Total, by age group										
	Normal (N)				Stunted /Short (St)				Severely Stunted (SSt)				Tall (T)				TOTAL			N		St		SSt		T		
	Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		Boys	Girls	Total	No.	Prev (%)	No.	Prev (%)	No.	Prev (%)	No.	Prev (%)	
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)	
0-5 months (R1)	30,533	29,234	1,103	676	486	362	2,893	3,060	35,015	33,332	68,347	59,767	87.4	1,779	2.6	848	1.2	5,953	8.7									
6-11 months (R2)	29,023	27,240	1,529	1,016	770	510	1,392	1,407	32,714	30,173	62,887	56,263	89.5	2,545	4.0	1,280	2.0	2,799	4.5									
12-23 months (R3)	66,950	64,765	5,963	4,111	2,504	1,555	2,867	2,799	78,284	73,230	151,514	131,715	86.9	10,074	6.6	4,059	2.7	5,666	3.7									
24-35 months (R4)	67,439	64,181	6,672	5,163	2,246	1,702	1,596	1,470	77,953	72,516	150,469	131,620	87.5	11,835	7.9	3,948	2.6	3,066	2.0									
36-47 months (R5)	70,832	66,335	7,324	6,478	2,177	1,857	734	646	81,067	75,316	156,383	137,167	87.7	13,802	8.8	4,034	2.6	1,380	0.9									
48-59 months (R6)	72,246	67,153	7,358	6,715	2,039	1,863	413	322	82,056	76,053	158,109	139,399	88.2	14,073	8.9	3,902	2.5	735	0.5									
Total (R7) 0-23 mos	126,506	121,239	8,595	5,803	3,760	2,427	7,152	7,266	146,013	136,735	282,748	247,745		14,398		6,187		14,418										
Prevalence(%) 0-23 mos	86.6	88.7	5.9	4.2	2.6	1.8	4.9	5.3					87.62		5.09		2.19		5.10									
Total (R9) 0-59 mos	337,023	318,908	29,949	24,159	10,222	7,849	9,895	9,704	387,089	360,620	747,709	655,931		54,108		18,071		19,599										
Prevalence(%) 0-59 mos	87.1	88.4	7.7	6.7	2.6	2.2	2.6	2.7					87.73		7.24		2.42		2.62									

Note: a) R1 means Row No. 1, R2 means Row 2, etc.; b) Total (R7) - refers to the sum of preschoolers by nutritional status for children 0-59 months; c) Prevalence (R8 & R10) - refers to the prevalence rate by sex, by nutritional status for age group 0-59 mos.

1/ Refers to previous year prevalence rate of the area

Prepared by: Nasudi G. Soluta
Nutrition Officer III, NNC- Region

Approved: Parolita A. Mission
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OPT Plus Form 4A. Regional Tally and Summary Sheet of Preschoolers with Weight & Height Measurement by Age Group, Sex and Nutritional Status

REGION: VII CENTRAL VISAYAS

Estimated Population of Children 0-59 months old: 813,613

WFL/H -- Actual # of Children Measured: 748,080

OPT Plus Coverage -- WFL/H: 91.9%

Indigenous Preschoolers: All: ##### M= ### F=

Indigenous groups (pls indicate, if applicable): N/A

Total Population of Region: 8,054,772 Source: DOH - EB 2021

Year Covered by this OPT Plus: CY 2021

Prevalence Rate Wasting & Sev. Wasting (Last OPT Plus): 1.8%

Prevalence Rate Moderate Wasting & Severe Wasting:
0-59 months: 2.4%

Age Group (1)	Weight for Length/Height Status														Total, by age group																				
	Normal (N)		Mod. Wasted (MW)		Severely Wasted (SW)		Overweight (OW)		Obese (Ob)		TOTAL			N		MW		SW		OW		Ob													
	Boys (2)	Girls (3)	Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	Boys (18)	Girls (19)	Boys (20)	Girls (21)	Boys (22)	Girls (23)	Total (24)	No. (25)	Prev (%) (26)	No. (27)	Prev (%) (28)	No. (29)	Prev (%) (30)	No. (31)	Prev (%) (32)	No. (33)	Prev (%) (34)		
0-5 months (R1)	31,918	30,847	590	416	433	359	1,270	1,049	820	680	35,031	33,351	68,382	62,765	91.8	1,006	1.5	792	1.2	2,319	3.4	1,500	2.2												
6-11 months (R2)	30,731	28,618	691	443	284	221	665	573	368	309	32,739	30,164	62,903	59,349	94.4	1,134	1.8	505	0.8	1,238	2.0	677	1.1												
12-23 months (R3)	73,514	69,426	1,779	1,320	605	458	1,613	1,347	803	686	78,314	73,237	151,551	#####	94.3	3,099	2.0	1,063	0.7	2,960	2.0	1,489	1.0												
24-35 months (R4)	73,554	68,931	1,608	1,376	530	417	1,339	1,151	973	686	78,004	72,561	150,565	#####	94.6	2,984	2.0	947	0.6	2,490	1.7	1,659	1.1												
36-47 months (R5)	76,744	71,895	1,438	1,209	434	309	1,387	1,156	1,225	769	81,228	75,338	156,566	#####	94.9	2,647	1.7	743	0.5	2,543	1.6	1,994	1.3												
48-59 months (R6)	77,719	72,858	1,267	1,075	343	279	1,488	1,101	1,235	748	82,052	76,061	158,113	#####	95.2	2,342	1.5	622	0.4	2,589	1.6	1,983	1.3												
Total (R7) 0-23 mos	136,163	128,891	3,060	2,179	1,322	1,038	3,548	2,969	1,991	1,675	#####	#####	282,836	#####		5,239		2,360		6,517		3,666													
Prevalence (%) 0-23 mos	93.2	94.3	2.1	1.6	0.9	0.8	2.4	2.2	1.4	1.2					93.71		1.85		0.83		2.30		1.30												
Total (R9) 0-59 mos	364,180	342,575	7,373	5,839	2,629	2,043	7,762	6,377	5,424	3,878	#####	#####	748,080	#####		13,212		4,672		14,139		9,302													
Prevalence (%) 0-59 mos	94.0	95.0	1.9	1.6	0.7	0.6	2.0	1.8	1.4	1.1					94.48		1.77		0.62		1.89		1.24												

Note: a) R1 means Row No. 1, R2 means Row 2, etc.; b) Total (R7) - refers to the sum of preschoolers by nutritional status for children 0-59 months; c) Prevalence (R8 & R10) - refers to the prevalence rate by sex, by nutritional status for age group

1/ Refers to previous year prevalence rate of the area, for comparison with current year

Use WEIGHT-FOR-LENGTH for 0-23 months old preschool children and WEIGHT-FOR-HEIGHT for 24-60 months old preschool children.

Use WEIGHT-FOR-LENGTH or WEIGHT-FOR-HEIGHT to correctly determine overweight and obesity

Prepared by: Nasudi G. Soluta
Nutrition Officer III, NNC- Region

Approved: Parolita A. Mission
Regional Nutrition Program Coordinator

Date: 24/01/2022

Date: 24/01/2022



REGION: VII CENTRAL VISAYAS

OPERATION TIMBANG PLUS 2021

NUTRITIONAL STATUS OF CHILDREN 0-59 and 0-23 MONTHS OLD

SUMMARY TABLES FOR PRESENTATIONS

[PRINTING INSTRUCTIONS](#)

WEIGHT FOR AGE

	0-23 Months (F1K)				0-59 Months			
	Boys	Girls	Total	Prev	Boys	Girls	Total	Prev
Normal	137,445	130,047	267,492	94.61%	363,821	341,017	704,838	94.27%
Overweight	3,531	3,293	6,824	2.41%	6,849	5,476	12,325	1.65%
Underweight	3,874	2,481	6,355	2.25%	13,256	11,294	24,550	3.28%
Severely Underweight	1,209	861	2,070	0.73%	3,199	2,796	5,995	0.80%

HEIGHT FOR AGE

	0-23 Months (F1K)				0-59 Months			
	Boys	Girls	Total	Prev	Boys	Girls	Total	Prev
Normal	126,506	121,239	247,745	87.62%	337,023	318,908	655,931	87.73%
Tall	7,152	7,266	14,418	5.10%	9,895	9,704	19,599	2.62%
Stunted	8,595	5,803	14,398	5.09%	29,949	24,159	54,108	7.24%
Severely Stunted	3,760	2,427	6,187	2.19%	10,222	7,849	18,071	2.42%

WEIGHT FOR LENGTH/HEIGHT

	0-23 Months (F1K)				0-59 Months			
	Boys	Girls	Total	Prev	Boys	Girls	Total	Prev
Normal	136,163	128,891	265,054	93.71%	364,180	342,575	706,755	94.48%
Overweight	3,548	2,969	6,517	2.30%	7,762	6,377	14,139	1.89%
Obese	1,991	1,675	3,666	1.30%	5,424	3,878	9,302	1.24%
Moderately Wasted	3,060	2,179	5,239	1.85%	7,373	5,839	13,212	1.77%
Severely Wasted	1,322	1,038	2,360	0.83%	2,629	2,043	4,672	0.62%

TOTAL NUMBER OF MOTHERS/CAREGIVERS OF CHILDREN (0-59 MOS OLD) AFFECTED BY UNDERNUTRITION	67,598
TOTAL NUMBER OF MOTHERS/CAREGIVERS OF CHILDREN (0-23 MOS OLD) AFFECTED BY UNDERNUTRITION	22,898