

Republic of the Philippines  
Department of Health  
NATIONAL NUTRITION COUNCIL

OPT Form 4A. Regional Summary Report on Operation Timbang

Region : **VIII**

Total No. of Provinces and Cities: **13**

Total No. of Prov. and Cities with OPT Results: **13**

Percent Coverage: **100**

Total No. of Municipalities: **136**

Total No. of Municipalities with OPT Results: **130**

Percent OPT Coverage: **95.59**

Year: **2012**

Actual No. of Preschoolers: **741,662**

Actual No. of Preschoolers Weighed: **531,832**

Percent Weighed: **71.71**

Age Grouping (1)	Weight Status																Total Number of PS Weighed by Sex		
	Normal				Underweight				Severely Underweight				Overweight				Boys (18)	Girls (19)	TOTAL (20)
	Boys (2)	Girls (3)	Total (4)	Prev (5)	Boys (6)	Girls (7)	Total (8)	Prev (9)	Boys (10)	Girls (11)	Total (12)	Prev (13)	Boys (14)	Girls (15)	Total (16)	Prev (17)			
0-5 months (R1)	19,431	19,057	38,488	7.25	1,009	810	1,819	0.34	438	388	826	0.16	578	493	1,071	0.20	21,456	20,748	42,204
6-11 months	21,657	21,108	42,765	8.06	2,010	1,627	3,637	0.69	702	546	1,248	0.24	429	370	799	0.15	24,798	23,651	48,449
12-23 months (R3)	39,169	37,319	76,488	14.41	4,973	4,179	9,152	1.72	1,652	1,315	2,967	0.56	650	498	1,148	0.22	46,444	43,311	89,755
24-35 months (R4)	37,757	35,783	73,540	13.86	5,228	4,819	10,047	1.89	1,295	1,350	2,645	0.50	515	418	933	0.18	44,795	42,370	87,165
36-47 months (R6)	39,732	37,290	77,022	14.52	5,604	5,390	10,994	2.07	1,468	1,445	2,913	0.55	438	338	776	0.15	47,242	44,463	91,705
48-59 months (R6)	38,914	36,216	75,130	14.16	5,277	5,248	10,525	1.98	1,270	1,381	2,651	0.50	419	279	698	0.13	45,880	43,124	89,004
60-71 months (R6)	35,515	33,973	69,488	13.10	5,490	5,043	10,533	1.99	1,363	1,277	2,640	0.50	495	394	889	0.17	42,863	40,687	83,550
Total (R7)	232,175	220,746	452,921	85.36	29,591	27,116	56,707	10.69	8,188	7,702	15,890	2.99	3,524	2,790	6,314	1.19	273,478	258,354	531,832
Percentage (R8)																			100

Note: R1 means Row No. 1, R2 means Row 2, etc.

Prepared by: **SEGUNDINA DEVOTA A. DILAO**  
Officer-In-Charge

Approved by: **DIRECTOR JAIME S. BERNARDAS, M.D.,MGM., CESO III**  
Chairperson, Regional Nutrition Committee

Date: March 19, 2013

Republic of the Philippines  
Department of Health  
NATIONAL NUTRITION COUNCIL

**OPT Form 4. Regional Consolidation Sheet of Operation Timbang Results**

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Region: **VIII**

Prevalence of Normal PS: **85.36**

Year: **2012**

Province/City (1)	Total No. of weighed PS 0-71 months (2)	Normal														
		Total No. of Normal PS (3)	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months	
			Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)
BILIRAN	22,794	19,788	1,044	1,088	893	946	1,748	1,692	1,643	1,591	1,703	1,601	1,659	1,467	1,360	1,353
E. SAMAR	49,604	43,870	1,217	1,272	2,458	2,410	3,653	3,632	3,700	3,581	3,902	3,757	3,735	3,615	3,518	3,420
LEYTE	162,380	135,310	5,537	5,506	6,381	6,186	11,655	11,173	11,571	11,187	12,187	11,316	11,597	10,851	10,283	9,880
N. SAMAR	85,920	71,391	3,442	3,352	3,435	3,388	6,304	5,976	5,769	5,387	6,224	5,719	6,028	5,490	5,351	5,526
SAMAR	53,935	43,454	1,905	1,768	2,288	2,157	3,782	3,577	3,532	3,218	3,812	3,601	3,812	3,490	3,409	3,103
SO. LEYTE	41,214	37,691	1,684	1,534	1,499	1,426	3,071	2,918	3,055	2,889	3,298	3,045	3,410	3,107	3,501	3,254
BAYBAY	12,284	10,506	502	462	463	462	928	845	914	823	950	867	858	850	883	699
BORONGAN	7,103	6,189	230	201	268	265	570	517	544	520	563	531	566	475	497	442
CALBAYOG	19,278	16,748	523	573	851	862	1,479	1,339	1,294	1,193	1,405	1,349	1,572	1,429	1,494	1,385
CATBALOGAN	13,155	10,508	441	379	401	416	924	866	867	850	903	878	945	902	877	859
MAASIN	8,911	8,432	403	382	341	325	725	662	688	673	731	699	782	673	701	647
ORMOC	29,381	25,656	1,527	1,497	1,192	990	2,358	2,152	2,205	1,940	2,170	1,980	2,082	1,877	1,882	1,804
TACLOBAN	25,873	23,378	976	1,043	1,187	1,275	1,972	1,970	1,975	1,931	1,884	1,947	1,868	1,990	1,759	1,601
<b>TOTAL</b>	<b>531,832</b>	<b>452,921</b>	<b>19,431</b>	<b>19,057</b>	<b>21,657</b>	<b>21,108</b>	<b>39,169</b>	<b>37,319</b>	<b>37,757</b>	<b>35,783</b>	<b>39,732</b>	<b>37,290</b>	<b>38,914</b>	<b>36,216</b>	<b>35,515</b>	<b>33,973</b>

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Date: March 19, 2013

**OPT Form 4. Regional Consolidation Sheet of Operation Timbang Results**

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Region: **VIII**

Prevalence of Underweight PS: **10.69**

Year: **2012**

Province/City (1)	Total No. of weighed PS 0-71 months (2)	Underweight														
		Total No. of Underweight PS (3)	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months	
			Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)
BILIRAN	22,794	2,269	30	15	60	55	197	175	189	195	225	237	223	240	208	220
E. SAMAR	49,604	4,315	73	68	220	175	370	358	388	373	421	422	330	386	408	323
LEYTE	162,380	19,385	389	292	735	638	1,771	1,444	1,901	1,741	1,877	1,792	1,797	1,710	1,750	1,548
N. SAMAR	85,920	10,343	188	173	342	263	880	745	901	836	1,035	994	978	935	1,068	1,005
SAMAR	53,935	7,022	109	90	248	209	658	539	626	578	711	658	639	662	641	654
SO. LEYTE	41,214	2,748	28	12	63	48	212	165	250	237	248	247	301	304	318	315
BAYBAY	12,284	1391	23	9	47	27	115	84	128	112	150	146	130	132	177	111
BORONGAN	7,103	627	6	14	10	19	47	35	52	51	60	81	66	69	64	53
CALBAYOG	19,278	1,847	29	28	74	47	127	110	176	139	177	179	181	182	206	192
CATBALOGAN	13,155	1,778	47	27	78	52	157	140	166	136	186	168	172	140	181	128
MAASIN	8,911	395	2	4	4	4	28	29	31	27	39	44	30	63	33	57
ORMOC	29,381	2,976	36	39	70	59	253	234	268	257	320	285	277	286	282	310
TACLOBAN	25,873	1,611	49	39	59	31	158	121	152	137	155	137	153	139	154	127
<b>TOTAL</b>	<b>531,832</b>	<b>56,707</b>	<b>1,009</b>	<b>810</b>	<b>2,010</b>	<b>1,627</b>	<b>4,973</b>	<b>4,179</b>	<b>5,228</b>	<b>4,819</b>	<b>5,604</b>	<b>5,390</b>	<b>5,277</b>	<b>5,248</b>	<b>5,490</b>	<b>5,043</b>

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Date: March 19, 2013

**OPT Form 4. Regional Consolidation Sheet of Operation Timbang Results**

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Region: **VIII**

Prevalence of Severely Underweight PS: **2.99**

Year: **2012**

Province/City (1)	Total No. of weighed PS 0-71 months (2)	Severely Underweight														
		Total No. of Severely Underweight PS (3)	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months	
			Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)
BILIRAN	22,794	553	9	14	25	12	69	44	58	41	48	45	35	53	56	44
E. SAMAR	49,604	1,054	31	37	55	55	101	115	82	89	83	90	82	96	64	74
LEYTE	162,380	5167	141	119	235	186	556	454	467	440	502	466	395	428	430	348
N. SAMAR	85,920	3,236	94	72	118	109	296	244	267	270	324	303	271	278	312	278
SAMAR	53,935	2,620	61	60	134	84	289	202	197	227	239	246	219	223	216	223
SO. LEYTE	41,214	476	16	9	12	6	53	36	33	43	37	50	39	44	48	50
BAYBAY	12,284	275	4	5	8	6	34	25	17	24	20	31	21	30	28	22
BORONGAN	7,103	188	12	7	9	6	25	13	10	15	16	20	18	13	9	15
CALBAYOG	19,278	527	10	9	33	26	48	43	38	42	49	46	40	35	45	63
CATBALOGAN	13,155	631	18	25	32	26	60	38	44	41	65	51	57	71	57	46
MAASIN	8,911	23	1	1	1	0	0	1	5	3	1	1	2	5	1	1
ORMOC	29,381	548	19	12	16	14	54	50	33	67	46	40	48	48	44	57
TACLOBAN	25,873	592	22	18	24	16	67	50	44	48	38	56	43	57	53	56
<b>TOTAL</b>	<b>531,832</b>	<b>15,890</b>	<b>438</b>	<b>388</b>	<b>702</b>	<b>546</b>	<b>1,652</b>	<b>1,315</b>	<b>1,295</b>	<b>1,350</b>	<b>1,468</b>	<b>1,445</b>	<b>1,270</b>	<b>1,381</b>	<b>1,363</b>	<b>1,277</b>

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Date: *March 19, 2013*

**OPT Form 4. Regional Consolidation Sheet of Operation Timbang Results**

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Region: **VIII**

Prevalence of Overweight PS: **1.19**

Year: **2012**

Province/City (1)	Total No. of weighed PS 0-71 months (2)	Overweight														
		Total No. of Overweight PS (3)	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months	
			Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)
BILIRAN	22,794	184	19	23	11	5	18	9	18	12	13	8	11	10	19	8
E. SAMAR	49,604	365	27	25	23	16	34	23	43	26	28	17	36	17	32	18
LEYTE	162,380	2,518	221	168	176	170	272	217	199	167	175	144	168	115	180	146
N. SAMAR	85,920	950	104	97	69	65	81	77	72	52	59	51	57	31	71	64
SAMAR	53,935	839	92	77	69	47	82	68	58	59	54	39	45	40	53	56
SO. LEYTE	41,214	299	14	14	13	12	30	24	41	26	21	17	26	13	29	19
BAYBAY	12,284	112	13	9	6	3	20	3	17	7	6	2	8	7	7	4
BORONGAN	7,103	99	11	12	6	6	11	8	9	5	7	8	4	1	9	2
CALBAYOG	19,278	156	10	7	14	12	16	13	8	12	12	10	6	6	13	17
CATBALOGAN	13,155	238	20	19	13	8	31	17	12	15	14	8	8	7	31	35
MAASIN	8,911	61	4	5	2	2	0	6	6	1	10	5	7	4	4	5
ORMOC	29,381	201	22	18	8	6	24	8	6	17	17	16	18	13	21	7
TACLOBAN	25,873	292	21	19	19	18	31	25	26	19	22	13	25	15	26	13
<b>TOTAL</b>	<b>531,832</b>	<b>6,314</b>	<b>578</b>	<b>493</b>	<b>429</b>	<b>370</b>	<b>650</b>	<b>498</b>	<b>515</b>	<b>418</b>	<b>438</b>	<b>338</b>	<b>419</b>	<b>279</b>	<b>495</b>	<b>394</b>

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Date: March 19, 2013