

MiMaRoPa REGIONAL NUTRITION SITUATION

Based on Operation Timbang Plus Result 2018

2018 Regional Summary

434,762

Estimated number of 0-59 months preschoolers

301,863

Actual number of preschoolers weighed

69.43%

2018 OPT+ Coverage

3

2018 Regional Summary

301,863

Actual number of preschoolers weighed



148,605

Boys

153,258

Girls



2018 Regional Summary

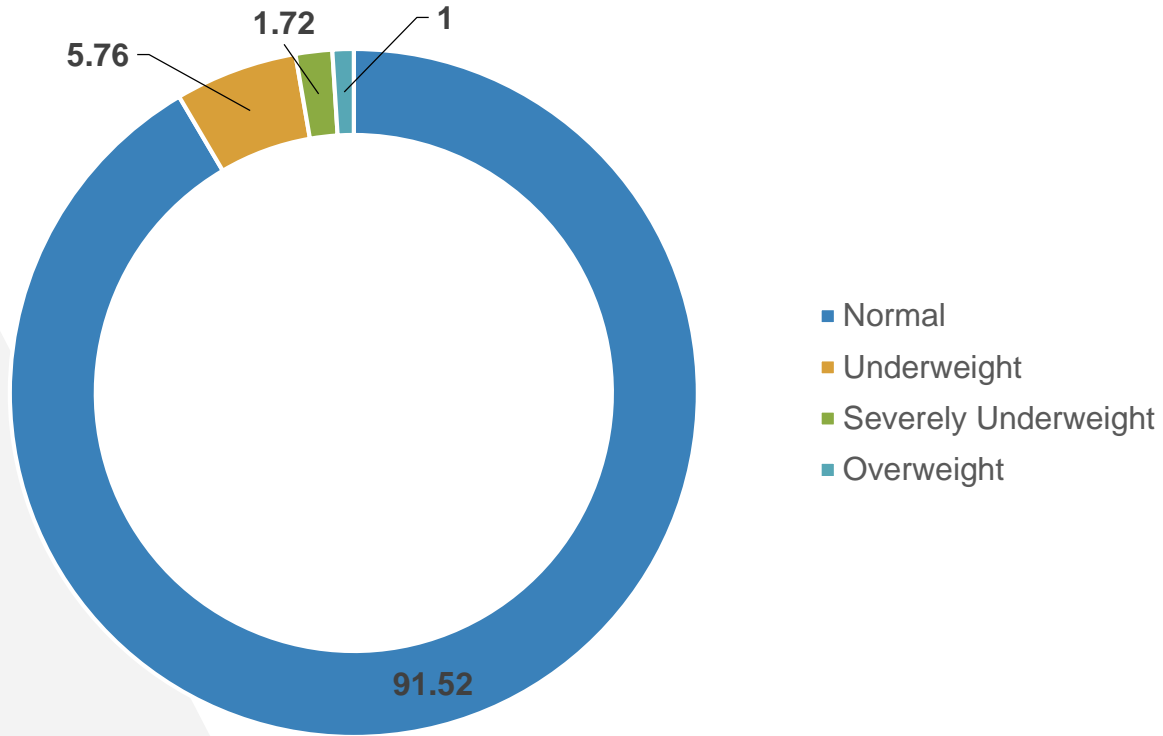
Province/City	Estimated number of 0-59 months	Actual number of preschoolers weighed	OPT+ Coverage	
			2017	2018
Occidental Mindoro	73,521	59,888	83.03%	↓ 81.46%
Oriental Mindoro	106,299	80,369	83.50%	↓ 75.61%
Marinduque	34,183	18,585	57.00%	↓ 54.37%
Romblon	52,922	24,636	47.48%	↓ 46.55%
Palawan	123,742	94,356	85.84%	↓ 76.25%
Puerto Princesa City	44,095	24,029	53.25%	↑ 54.49%

Weight – for – Age

Weight – for – age

Nutritional Status	Incidence	Prevalence
Normal	276,259	91.52%
Underweight	17,391	5.76%
Severely Underweight	5,199	1.72%
Overweight	3,014	1.00%

Weight – for – age

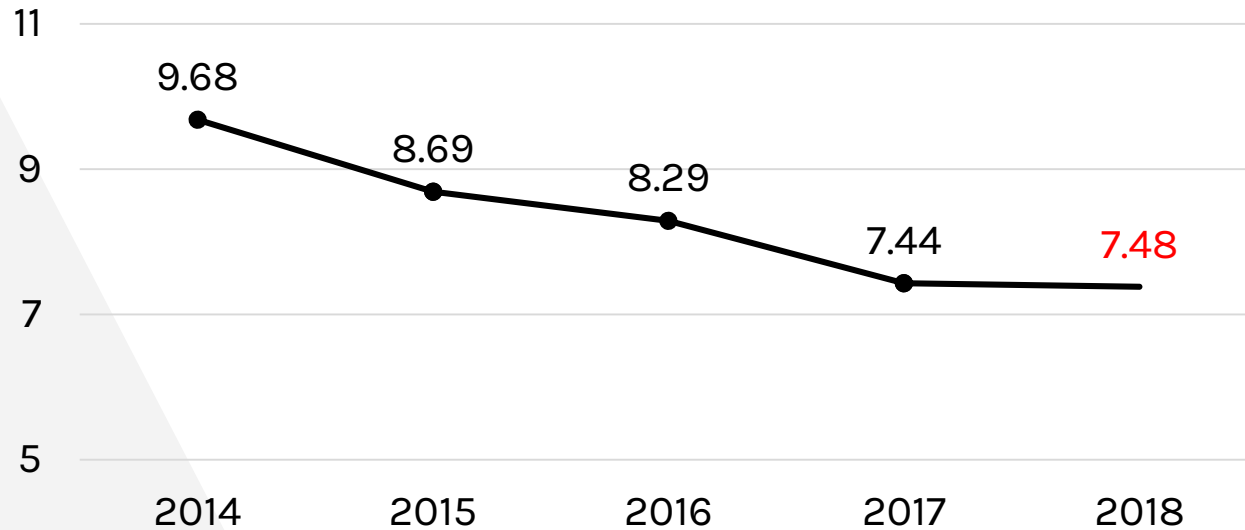


Underweight + Severely Underweight (UW + SUW)

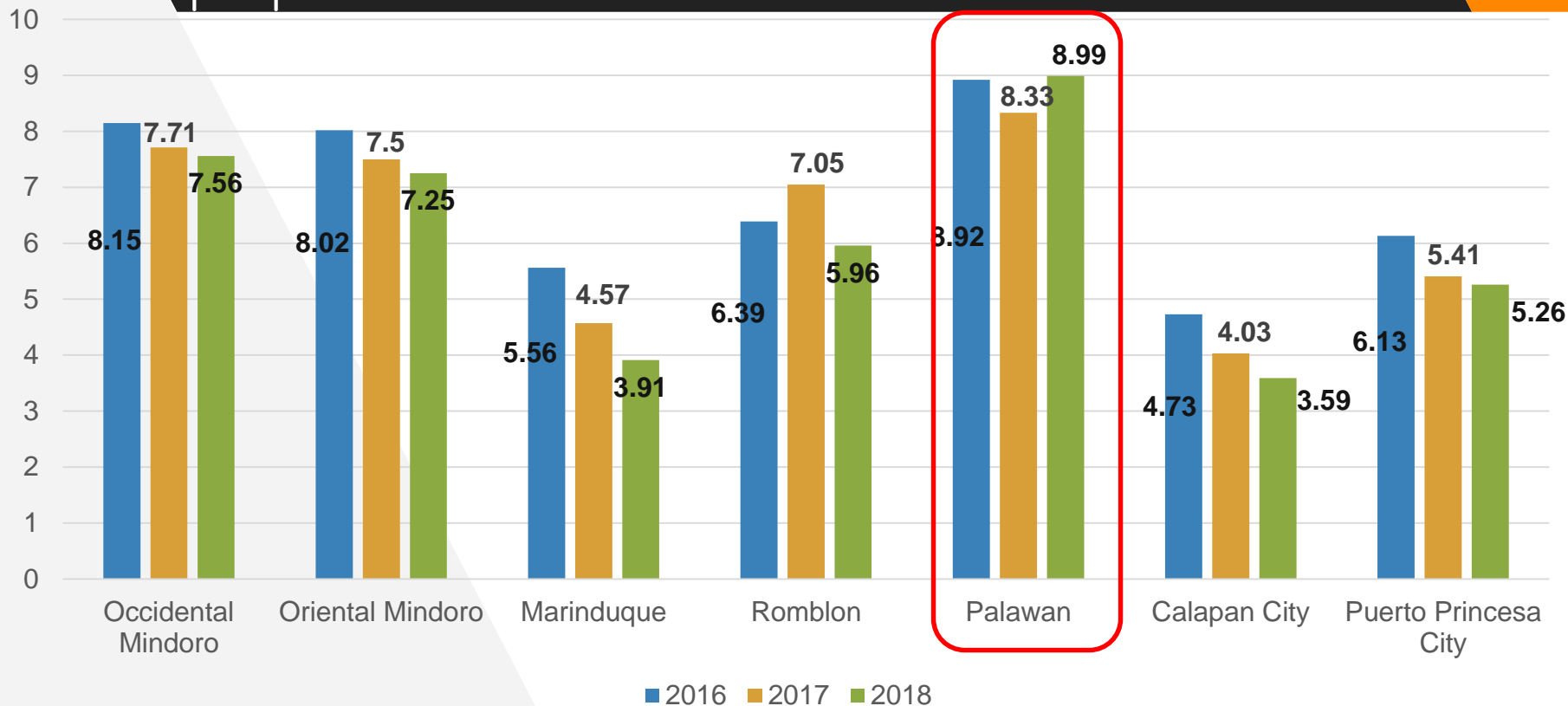
Age in months	Incidence	Prevalence (%)
0-5	607	2.69
6-11	1,135	5.02
12-23	4,110	18.19
24-35	5,112	22.67
36-47	5,586	24.73
48-59	6,030	26.69
0-59	22,590	7.48

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UW+SUW Prevalence Rate among 0-59 months (2014-2018)



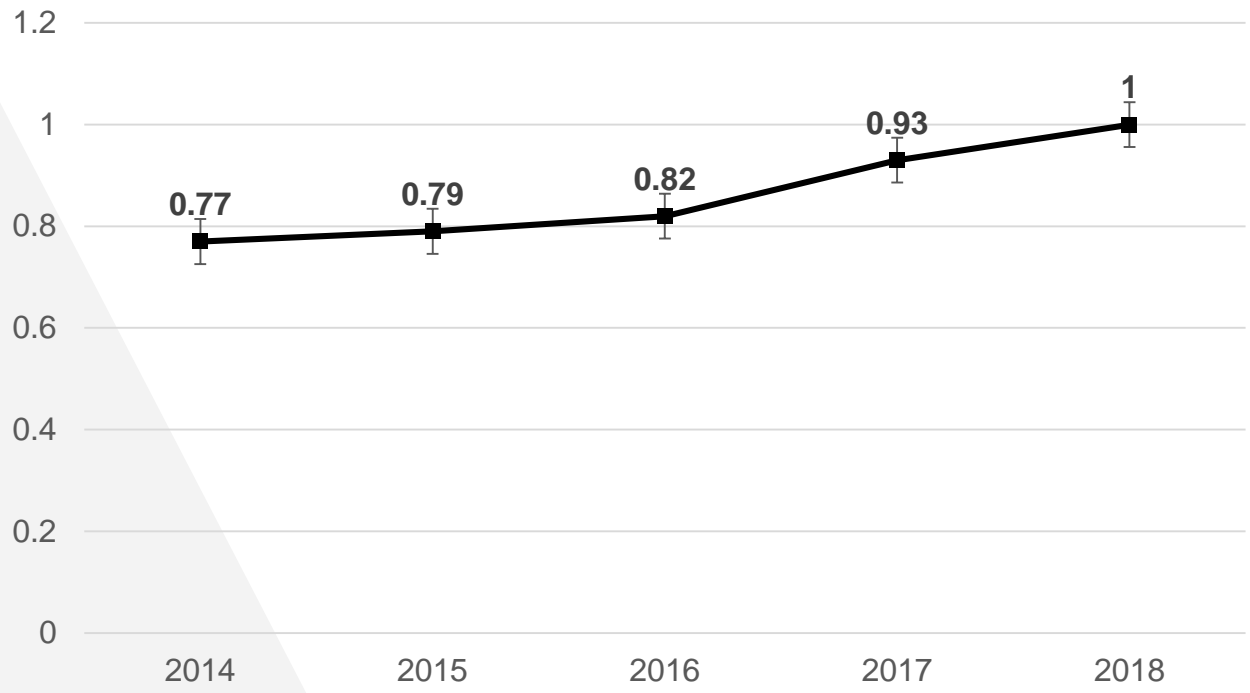
UW+ SUW Prevalence Rate among 0-59 months per province (2015-2018)



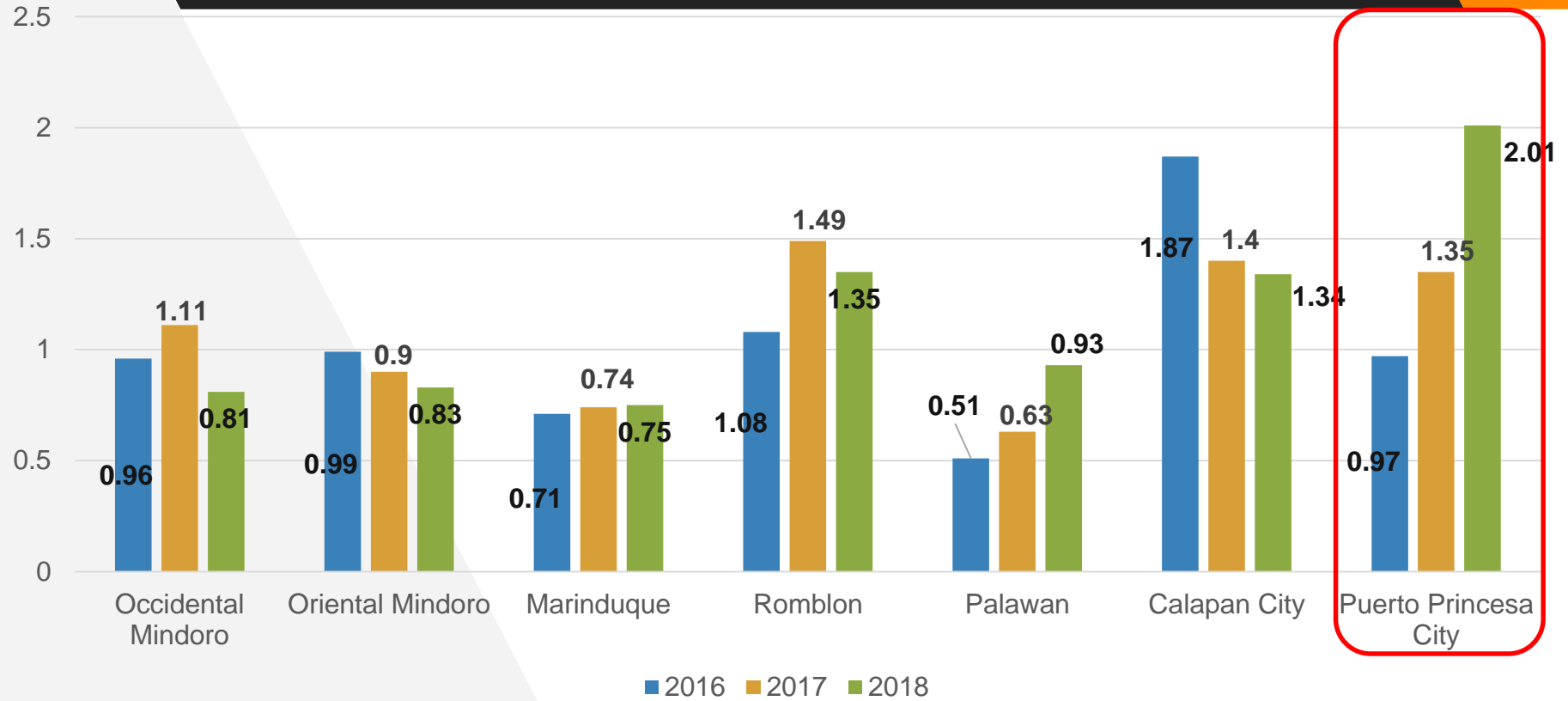
Overweight (OW)

Age in months	Incidence	Prevalence (%)
0-5	958	31.79%
6-11	272	9.02%
12-23	556	18.45%
24-35	452	15.00%
36-47	381	12.64%
48-59	395	13.11%
0-59	3,014	1.0

Overweight Prevalence Rate among 0-59 months (2014-2018)



Overweight Prevalence Rate among 0-59 months (2014-2018)

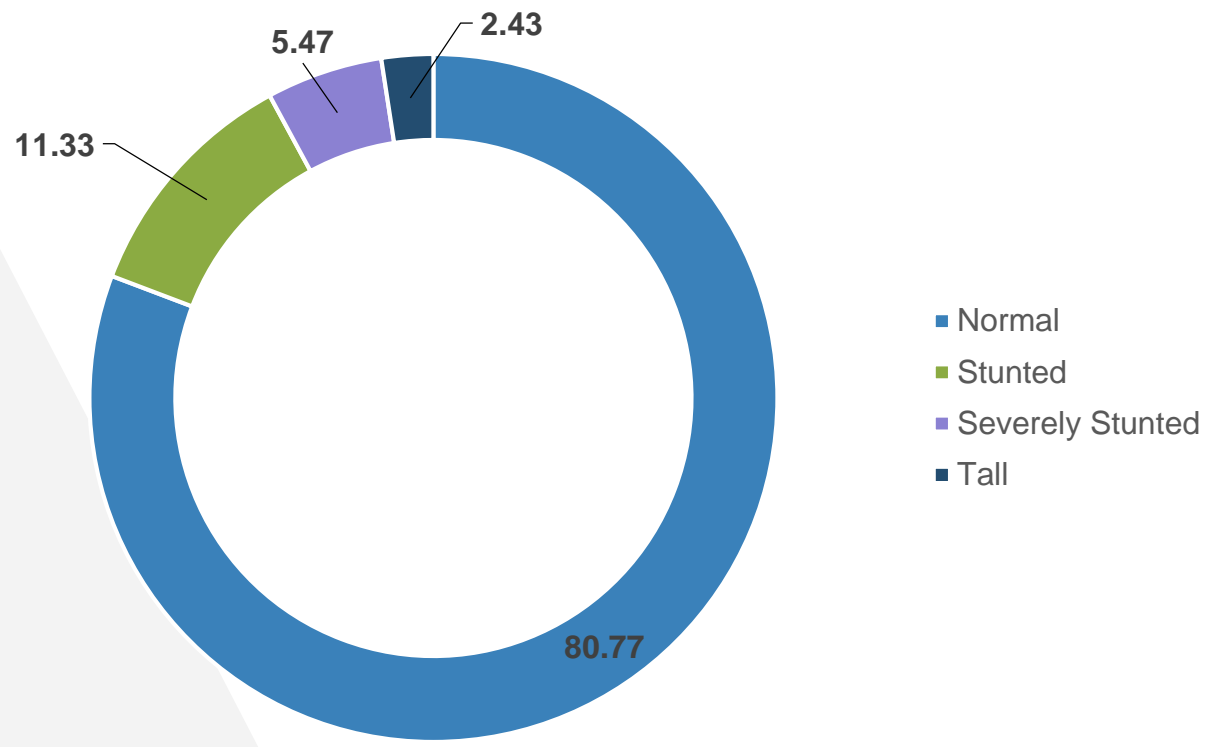


Height – for – Age

Height – for – age

Nutritional Status	Incidence	Prevalence
Normal	239,724	80.77
Stunted	33,615	11.33
Severely Stunted	16,237	5.47
Tall	7,214	2.43

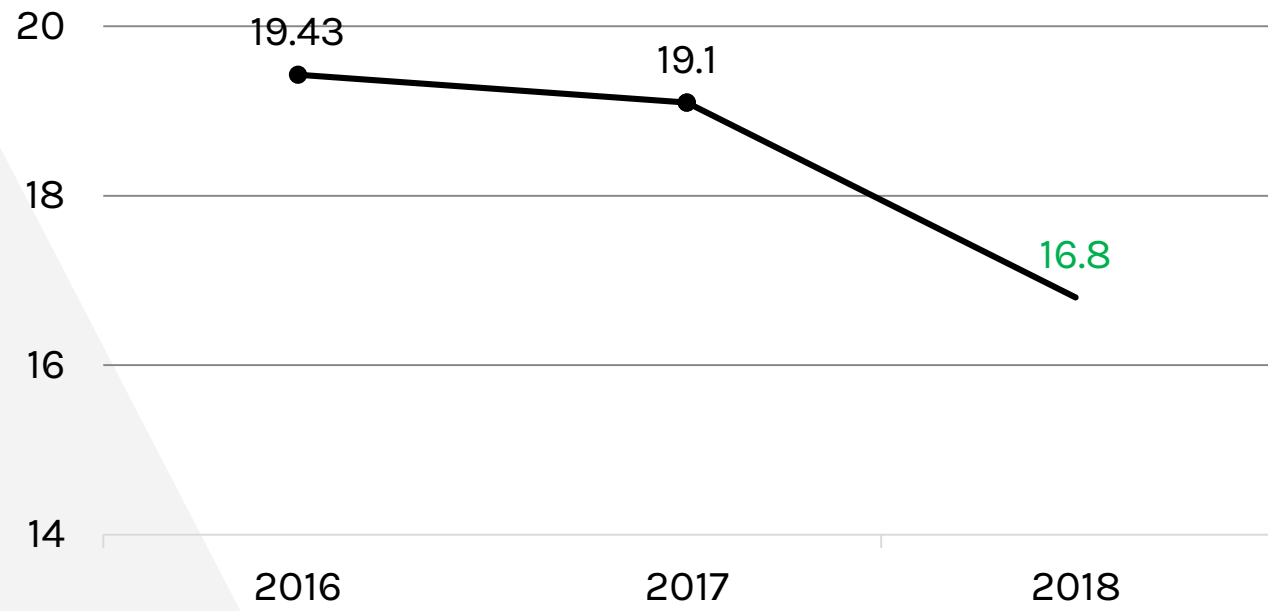
Height – for – age



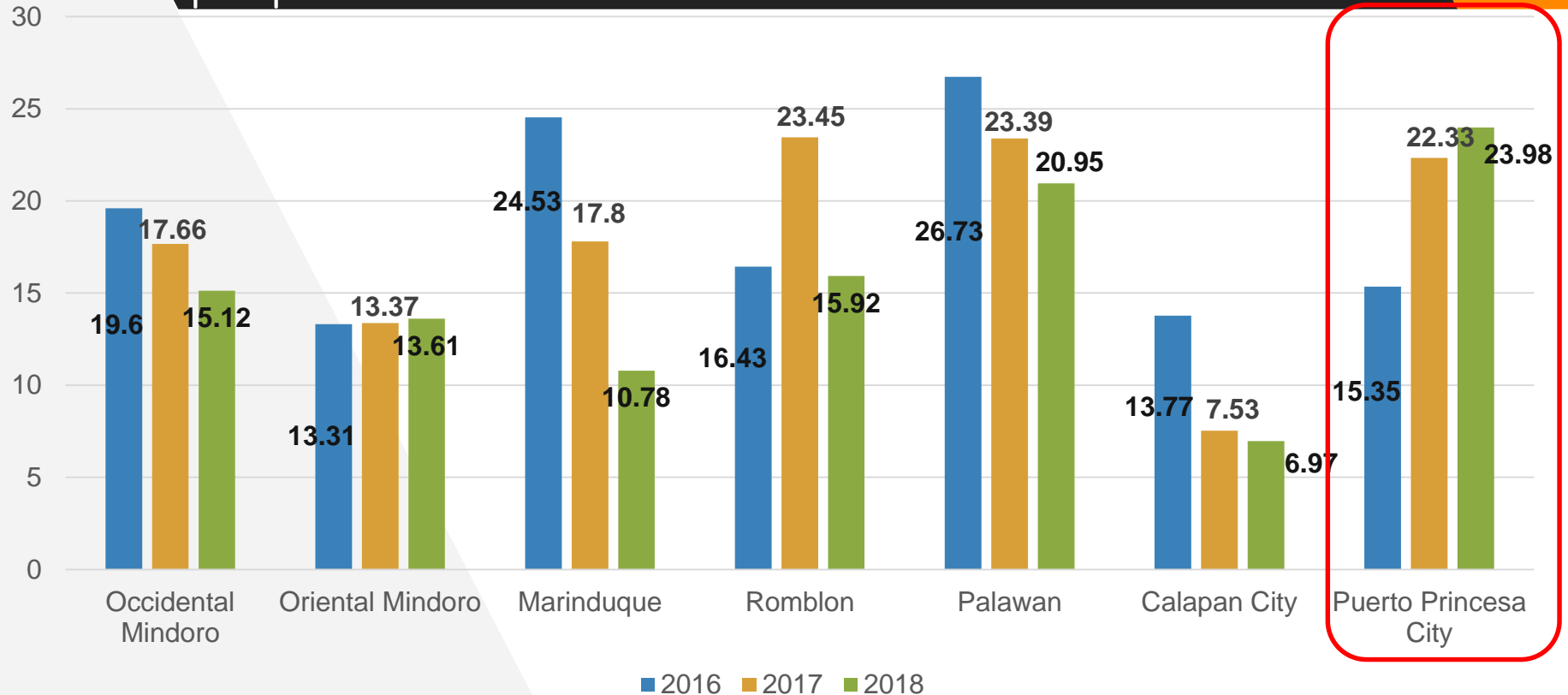
Stunted + Severely Stunted (St + SST)

Age in months	Incidence	Prevalence (%)
0-5	2,090	4.19%
6-11	2,742	5.50%
12-23	9,833	19.72%
24-35	10,933	21.93%
36-47	12,072	24.22%
48-59	12,182	24.44%
0-59	49,852	7.9

St + SSt Prevalence Rate among 0-59 months (2016-2018)



St + SSt Prevalence Rate among 0-59 months per province (2016-2018)

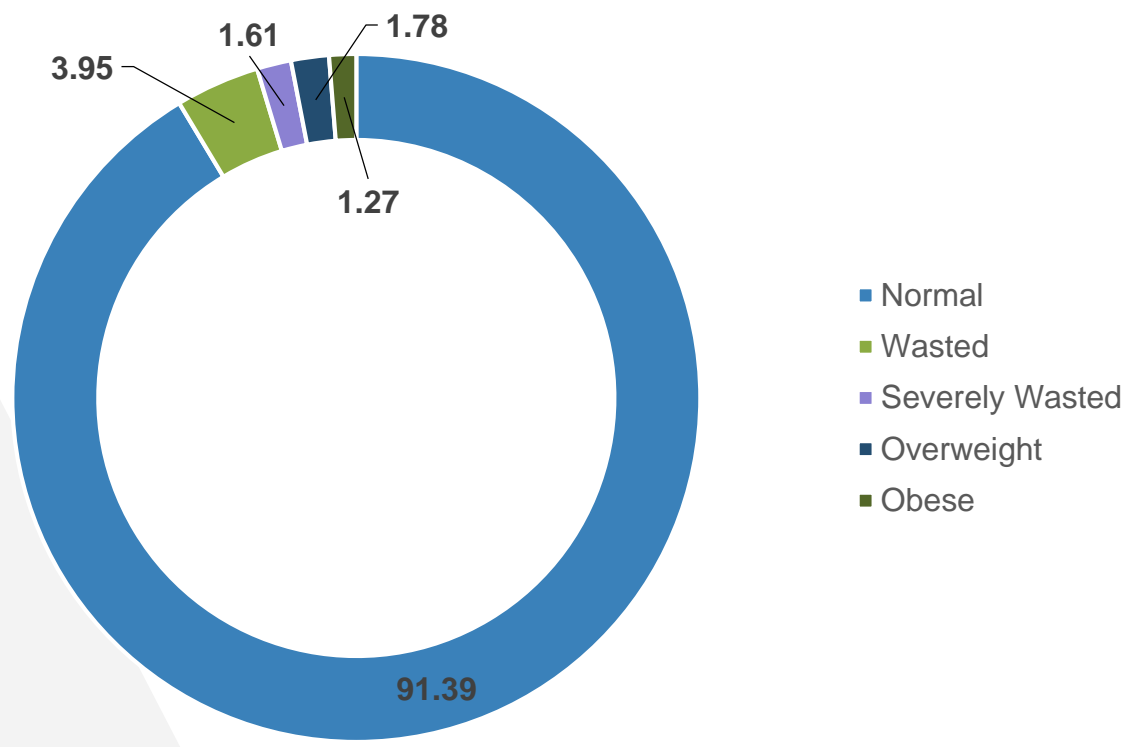


Weight- for - Length/Height

Weight- for – Length/Height

Nutritional Status	Incidence	Prevalence (%)
Normal	267,489	91.39
Wasted	11,572	3.95
Severely Wasted	4,721	1.61
Overweight	5,198	1.78
Obese	3,713	1.27

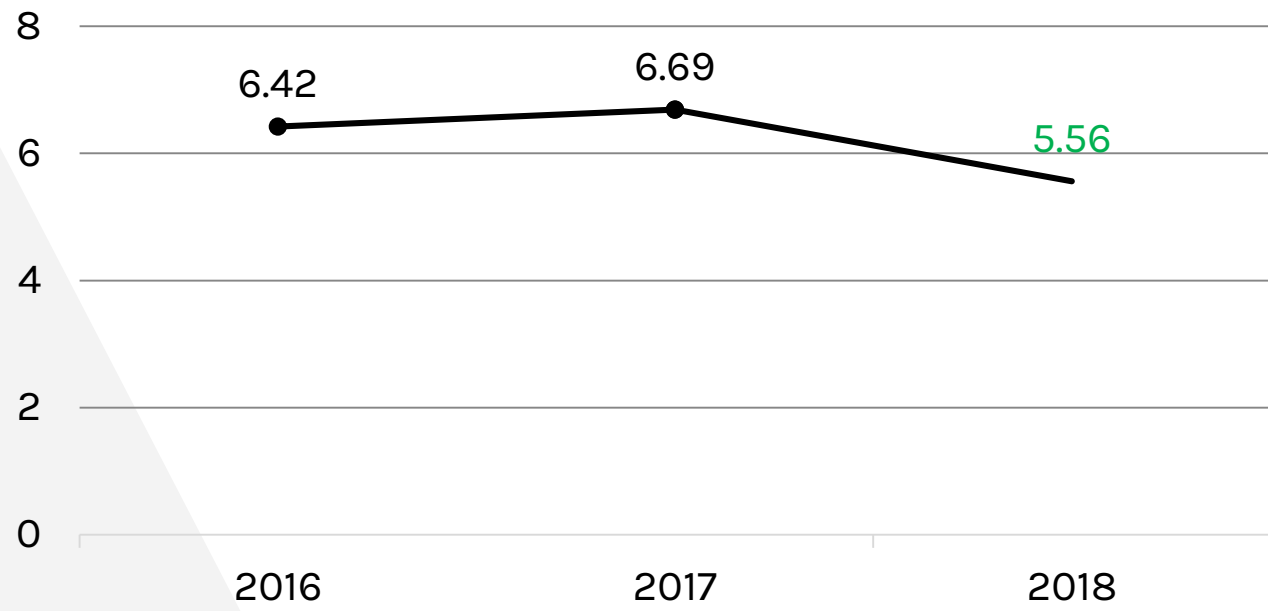
Weight- for – Length/Height



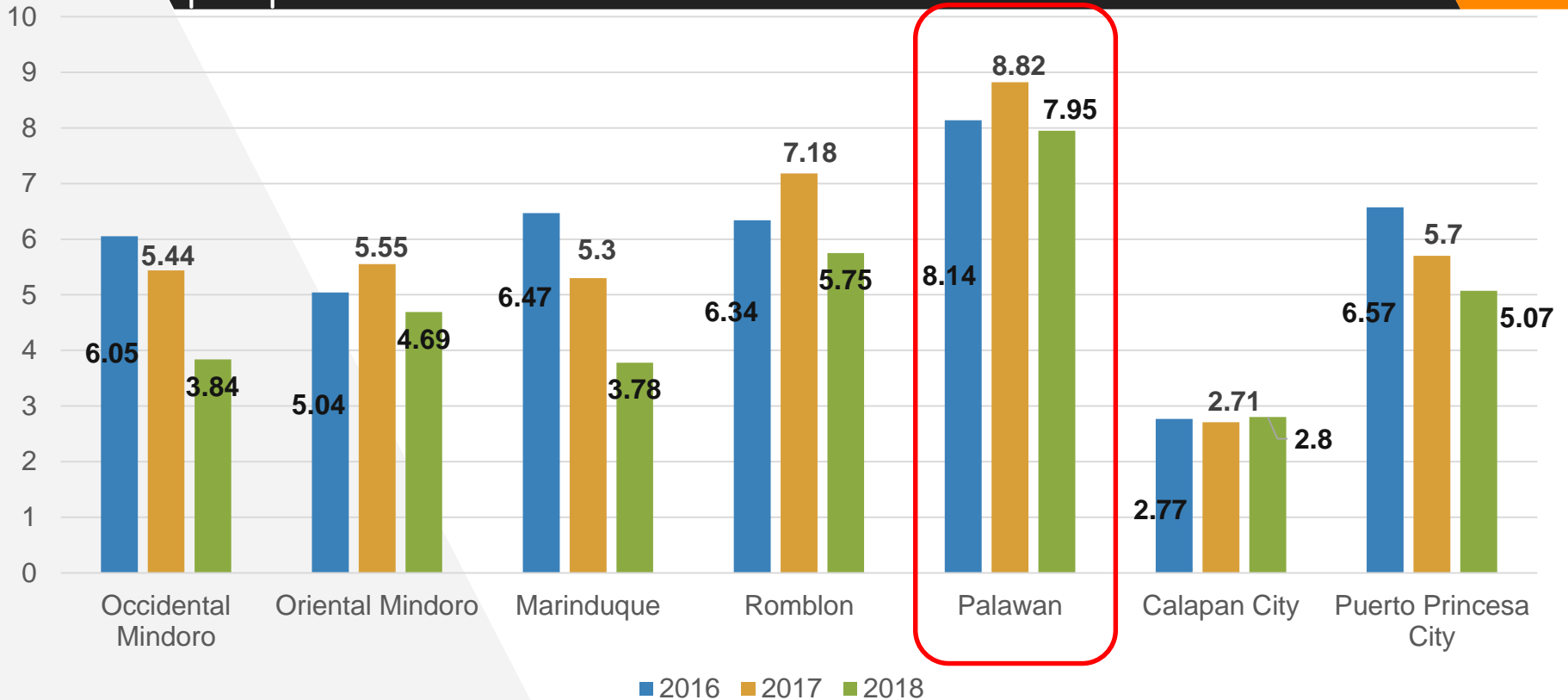
Wasted + Severely Wasted (W + SW)

Age in months	Incidence	Prevalence (%)
0-5	1,782	10.94%
6-11	1,376	8.45%
12-23	3,618	22.21%
24-35	3,458	21.22%
36-47	3,190	19.58%
48-59	2,869	17.61%
0-59	16,293	5.56

W + SW Prevalence Rate among 0-59 months (2016-2018)



W + SW Prevalence Rate among 0-59 months per province (2016-2018)

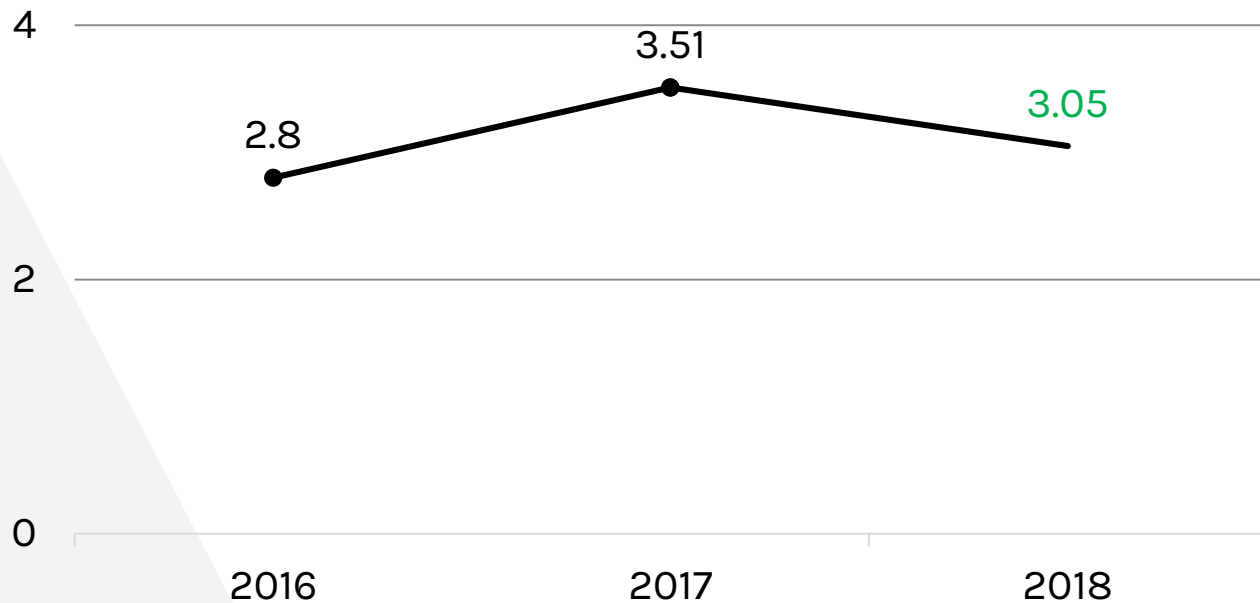


Overweight and Obese (Ow + Ob)

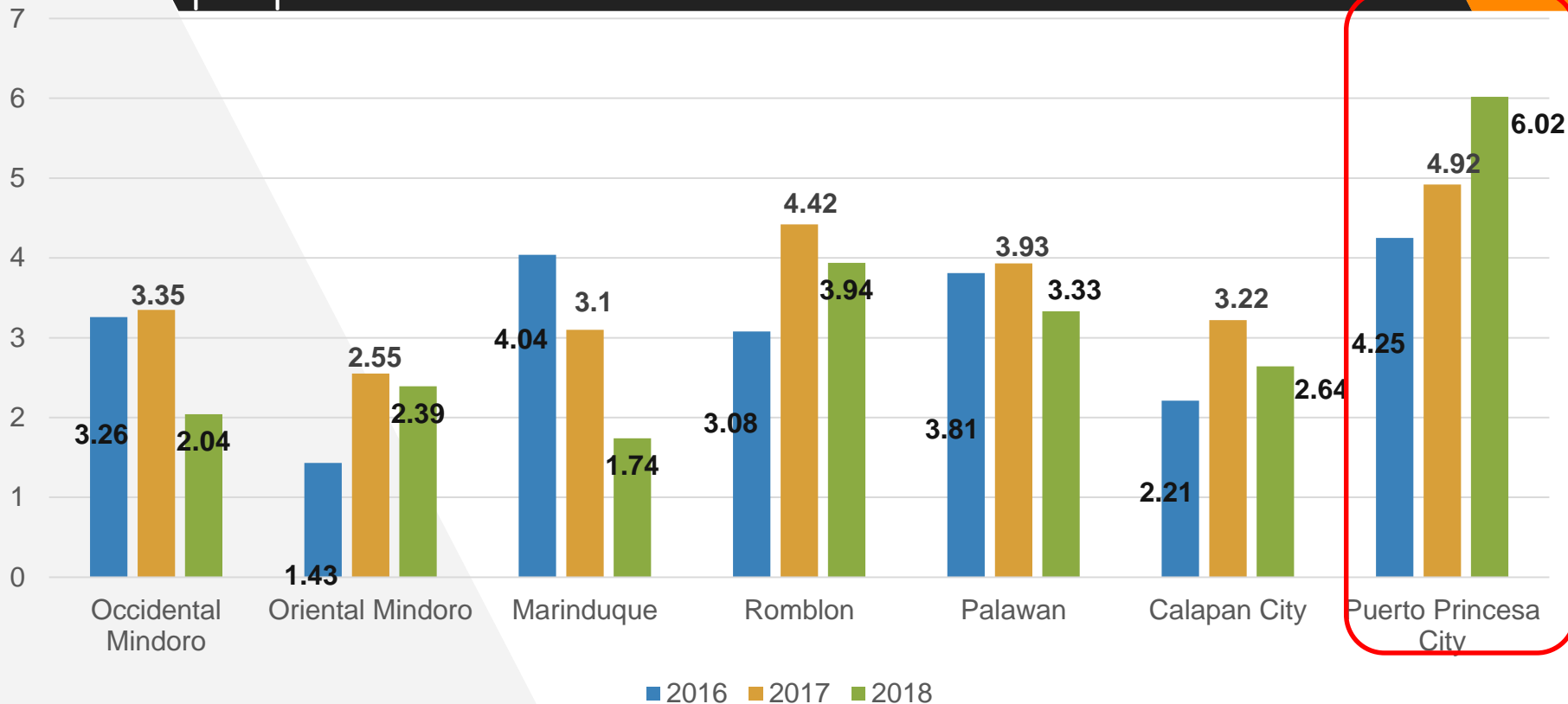
Age in months	Incidence	Prevalence (%)
0-5	2,152	24.15%
6-11	934	10.48%
12-23	1,691	18.98%
24-35	1,499	16.82%
36-47	1,389	15.59%
48-59	1,246	13.98%
0-59	8,911	3.05

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OW + Ob Prevalence Rate among 0-59 months (2016-2018)



OW + Ob Prevalence Rate among 0-59 months per province (2016-2018)



Nutritionally Depressed Municipalities

Top 10 municipalities with highest Underweight Preschool Children in the Region

Ranking	Municipality	Coverage (%)	No. of underweight PSC	No. of Severely Underweight PSC	Total no. of Underweight & Severely Underweight PSC	Prevalence (%)
1	Abra de Ilog, Occidental Mindoro	92.65	774	280	1,054	24.09
2	Rizal, Palawan	81.75	582	308	890	14.78
3	Roxas, Palawan	66.31	673	202	875	13.73
4	Bongabong, Oriental Mindoro	60.51	558	322	880	13.48
5	Paluan, Occidental Mindoro	106.20	273	64	337	13.13
6	Quezon, Palawan	70.07	589	230	819	13.03
7	San Teodoro, Oriental Mindoro	65.11	150	75	225	12.89
8	Bulalacao, Oriental Mindoro	74.18	376	175	551	12.69
9	Pinamalayan, Oriental Mindoro	55.53	700	161	861	12.02
10	Baco, Oriental Mindoro	67.39	333	117	450	11.99

Top 10 municipalities with highest Stunting among Preschool Children in the Region

Ranking	Municipality	Coverage (%)	No. of Stunted PSC	No. of Severely Stunted PSC	Total no. of Stunted PSC	Prevalence (%)
1	Coron, Palawan	90.34	774	1,486	2,888	42.84
2	Abra de Ilog, Occidental Mindoro	77.38	582	924	1,780	40.69
3	Paluan, Occidental Mindoro	106.20	673	507	974	37.94
4	Bulalacao, Oriental Mindoro	74.18	558	976	1,572	36.20
5	Araceli, Palawan	53.46	273	242	366	31.88
6	Cagayancillo, Palawan	48.93	589	86	138	31.15
7	Rizal, Palawan	81.75	150	1,084	1,769	29.37
8	Quezon, Palawan	70.07	376	1,189	1,798	28.60
9	Cajidiocan, Romblon	44.77	700	270	477	26.96
10	Pinamalayan, Oriental Mindoro	51.80	333	976	1,713	25.64

Top 10 municipalities with highest Stunting among Preschool Children in the Region

Ranking	Municipality	Coverage (%)	No. of Wasted PSC	No. of Severely Wasted PSC	Total no. of Wasted PSC	Prevalence (%)
1	Kalayaan, Palawan	396.30	1	97	98	91.59
2	Rizal, Palawan	79.21	490	257	747	12.80
3	Roxas, Palawan	66.04	478	334	812	12.79
4	Calatrava, Romblon	57.56	86	50	136	12.72
5	Bulalacao, Oriental Mindoro	74.14	352	179	531	12.24
6	San Vicente, Palawan	72.37	126	272	398	11.97
7	S. Española, Palawan	84.22	396	61	457	11.22
8	Bataraza, Palawan	44.08	430	88	518	10.81
9	Santa Maria, Romblon	44.41	40	26	66	9.66
10	Cajidiocan, Romblon	42.84	104	58	162	9.57