

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus

Revised February 2012 Page 1 of 3

Region: VIIITotal Population of Region: 4,791,485 Source: NSOEstimated No. of Preschoolers: 0-59 months old^{2/} 646,850 0-71 months old^{3/} 776,221OPT Plus Year/Period Covered: 2018Actual No. of PS measured: 0-59 months old 396,566 0-71 months old 445,018CY 2017 Past Yr. Prevalence Rate UW & SUW^{1/}: 11.9% 0-71 mos 12.5%Percent OPT Plus Coverage: 0-59 months old 61.3% 0-71 months old 57.3%Total No. of Provs./Cities: 13Prev Rate UW&SUW: 0-59 mos.= 8.6% 0-71 mos 9.1%No. of Indigenous PS measured: 0-59 months old 2,228 0-71 months old 2,693Total No. of Provs&Cities with OPT Plus results/Total Number of Provs&Cities: 140.4% (LGU Coverage)Indigenous Group/s, if any: *(Please specify)* Mamanwa, Badjao

Age Group (1)	Weight for Age Status											Total, by age group							
	Normal (N)		Underweight (UW)		Sev. Underwt (SUW)		Overweight (OW)		TOTAL			Total N		Total UW		Total SUW		Total OW	
	Boys (2)	Girls (3)	Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Total (12)	No (13)	Prev (%) (14)	No (15)	Prev (%) (16)	No (17)	Prev (18)	No (19)	Prev (%) (20)
0-5 months (R1)	16277	15560	436	292	170	126	1187	1074	18070	17052	35122	31837	90.6	728	2.1	296	0.8	2261	6.4
6-11 months (R2)	16657	15679	832	553	268	190	360	301	18117	16723	34840	32336	92.8	1385	4.0	458	1.3	661	1.9
12-23 months (R3)	34878	33219	2748	1987	785	575	698	666	39109	36447	75556	68097	90.1	4735	6.3	1360	1.8	1364	1.8
24-35 months (R4)	36776	34632	3376	2713	846	718	618	512	41616	38575	80191	71408	89.0	6089	7.6	1564	2.0	1130	1.4
36-47 months (R5)	39039	36056	3475	3489	854	831	544	367	43912	40743	84655	75095	88.7	6964	8.2	1685	2.0	911	1.1
48-59 months (R6)	39964	36463	3749	3582	835	823	493	293	45041	41161	86202	76427	88.7	7331	8.5	1658	1.9	786	0.9
60-71 months (R7)	21420	20269	2742	2314	608	663	268	168	25038	23414	48452	41689	86.0	5056	10.4	1271	2.6	436	0.9
Total (R8)																			
0-59 mos	183591	171609	14616	12616	3758	3263	3900	3213	205865	190701	396566	355200		27232		7021		7113	
0-71 mos	205011	191878	17358	14930	4366	3926	4168	3381	230903	214115	445018	396889		32288		8292		7549	
Prev (%) (R9)																			
0-59 mos	89.2	90.0	7.1	6.6	1.8	1.7	1.9	1.7	51.9	48.1			89.6		6.9		1.8		1.8
0-71 mos	88.8	89.6	7.5	7.0	1.9	1.8	1.8	1.6	51.9	48.1			89.2		7.3		1.9		1.7

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9) - refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months

d) Prev (C22,24,26,28)- refers to the prevalence rate by total by age group 1/ Refers to previous year prevalence rate of the area 2/ 0-59 months = 13.5 x Total Population 3/ 0-71 months = 16.2 x Total Population

Use **WEIGHT-FOR-LENGTH** or **WEIGHT-FOR-HEIGHT** to correctly determine overweight and obesityPrepared by: (Original Signed) NINO ARCHIE S. LABORDO
Name and Signature of DCNPC/Nutritionist /PNAOChecked: CATALINO P. DOTOLLO, JR.
Name and Signature of Provincial Health OfficerApproved: (Original Signed) DR. MINERVA P. MOLON
Name and Signature of Governor,
PNC ChairDate: February 20, 2019Date: February 20, 2019

Date: _____

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus

Revised February 2012 Page 2 of 3

OPT Plus

Revised February

Region: **VIII**

Total Population of Province: **4,791,485**

Source: **NSO**

Estimated No. of Preschoolers:

0-59 months old^{2/} **646,850**

0-71 months old^{3/} **776,221**

OPT Plus Year/Period Covered: **2018**

Actual No. of PS measured:

0-59 months old **396,566**

0-71 months old **445,018**

CY 2017 Past Yr. Prevalence Rate St. & SSt. ^{1/}: **20.3% 0-71 mos 20.7%**

Percent OPT Plus Coverage:

0-59 months old **61.3%**

0-71 months old **57.3%**

Total No. of Muns./Cities: **13**

Prev Rate St&SSt: 0-59 mos.= **19.4%** 0-71 mos.= **19.7%**

No. of Indigenous PS measured:

0-59 months old **2,228**

0-71 months old **2,693**

Total No. of

Total No. of Cities&Muns w/ OPT Plus results/Total Number of Cities&Muns.: **140.4%** (LGU Coverage)

Indigenous Group/s: (*Please specify*) **Mamanwa, Badjao**

Total N

Age Group (1)	Length/Height for Age Status											Total, by age group								Age Group (1)
	Normal (N)		Stunted /Short (St)		Sev Stunted (SSt)		Tall (T)		TOTAL			Total N		Total St		Total SSt		Total T		
	Boys (2)	Girls (3)	Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Total (12)	No (13)	Prev (%) (14)	No (15)	Prev (%) (16)	No (17)	Prev (%) (18)	No (19)	Prev (%) (20)	
0-5 months (R1)	14492	13881	983	720	489	396	1640	1592	17604	16589	34193	28373	83.0	1703	5.0	885	2.6	3232	9.5	
6-11 months (R2)	14422	13526	1549	1185	932	548	814	826	17717	16085	33802	27948	82.7	2734	8.1	1480	4.4	1640	4.9	
12-23 months (R3)	28364	28407	5593	4377	3175	2231	1580	1298	38712	36313	75025	56771	75.7	9970	13.3	5406	7.2	2878	3.8	
24-35 months (R4)	31600	30253	6315	5172	2942	2270	853	810	41710	38505	80215	61853	77.1	11487	14.3	5212	6.5	1663	2.1	
36-47 months (R5)	33565	31563	7147	6465	2689	2462	463	347	43864	40837	84701	65128	76.9	13612	16.1	5151	6.1	810	1.0	
48-59 months (R6)	34337	31950	7051	6682	2732	2314	244	201	44364	41147	85511	66287	77.5	13733	16.1	5046	5.9	445	0.5	
60-71 months (R7)	19280	18430	4383	3869	1456	1091	92	92	25211	23482	48693	37710	77.4	8252	16.9	2547	5.2	184	0.4	
Total (R8)																				
0-59 mos	156780	149580	28638	24601	12959	10221	5594	5074	203971	189476	393447	306360		53239		23180		10668		
0-71 mos	176060	168010	33021	28470	14415	11312	5686	5166	229182	212958	442140	344070		61491		25727		10852		
Prev (%) (R9)																				
0-59 mos	76.9	78.9	14.0	13.0	6.4	5.4	2.7	2.7	51.8	48.2			77.9		13.5		5.9		2.7	
0-71 mos	76.8	78.9	14.4	13.4	6.3	5.3	2.5	2.4	51.8	48.2			77.8		13.9		5.8		2.5	

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9) - refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months

Note: a) R1 m

d) Prev (C22,24,26,28)- refers to the prevalence rate by total by age group 1/ Refers to previous year prevalence rate of the area 2/ 0-59 months = 13.5 x Total Population 3/ 0-71 months = 16.2 x Total Population

d) Prev

Use **WEIGHT-FOR-LENGTH** or **WEIGHT-FOR-HEIGHT** to correctly determine overweight and obesity

Use **WEIGH**

Prepared by: **(Original Signed) NINO ARCHIE S. LABORDO**
Name and Signature of DCNPC/Nutritionist /PNAO

Checked: **CATALINO P. DOTOLLO, JR.**
Name and Signature of Provincial Health Officer

Approved: **(Original Signed) DR. MINERVA P. MOLON**
Name and Signature of Governor,
PNC Chair

Prepared by:

Date: **February 20, 2019**

Date: **February 20,2019**

Date: _____

Date:

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NATIONAL NUTRITION COUNCIL

Form 4A. Regional Summary Report on Operation Timbang Plus

Year 2012 Page 3 of 3

Region: VIII Total Population of Province: _____ Source: NSO Estimated No. of Preschoolers: 0-59 months old^{2/} 646,850 0-60 months old^{3/} 646,850
 OPT Plus Year/Period Covered: 2018 Actual No. of PS measured: 0-59 months old 396,566 0-60 months old 392,904
 CY 2017 Past Yr. Prevalence Rate W&SW^{1/}: 5.7% 0-71 mos 5.3% Percent OPT Plus Coverage: 0-59 months old 61.3% 0-60 months old 60.7%
 Muns./Cities: 13 Prev Rate W&SW: 0-59 mos.= 5.1% 0-60 mos.= 5.1% No. of Indigenous PS measured: 0-59 months old 2,228 0-60 months old _____
 No. of Cities&Muns w/ OPT Plus results/Total Number of Cities&Muns.: 140.4% (LGU Coverage) Indigenous Group/s, if any (*Please specify*): Mamanwa, Badjao

Weight for Length/Height Status													Total, by age group									
Normal (N)		Wasted (W)		SevWasted (SW)		Overweight (OW)		Obese (Ob)		TOTAL			Total N		Total W		Total SW		Total OW		Total Ob	
Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Total	No	Prev (%)	No	Prev (%)	No	Prev (%)	No	Prev (%)	No	Prev (%)
(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)
15062	14238	604	501	463	412	877	748	765	670	17771	16569	34340	29300	85.3	1105	3.2	875	2.5	1625	4.7	1435	4.2
15700	14503	684	589	292	254	518	465	359	261	17553	16072	33625	30203	89.8	1273	3.8	546	1.6	983	2.9	620	1.8
34902	33004	1595	1303	689	498	968	934	606	515	38760	36254	75014	67906	90.5	2898	3.9	1187	1.6	1902	2.5	1121	1.5
37594	35174	1696	1415	654	480	955	856	666	536	41565	38461	80026	72768	90.9	3111	3.9	1134	1.4	1811	2.3	1202	1.5
39815	37528	1566	1505	501	414	946	737	696	504	43524	40688	84212	77343	91.8	3071	3.6	915	1.1	1683	2.0	1200	1.4
40915	38193	1635	1400	463	409	821	717	690	444	44524	41163	85687	79108	92.3	3035	3.5	872	1.0	1538	1.8	1134	1.3
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
183988	172640	7780	6713	3062	2467	5085	4457	3782	2930	203697	189207	392904	356628		14493		5529		9542		6712	
183988	172640	7780	6713	3062	2467	5085	4457	3782	2930	203697	189207	392904	356628		14493		5529		9542		6712	
90.3	91.2	3.8	3.5	1.5	1.3	2.5	2.4	1.9	1.5	51.8	48.2			90.8		3.7		1.4		2.4		1.7
90.3	91.2	3.8	3.5	1.5	1.3	2.5	2.4	1.9	1.5	51.8	48.2			90.8		3.7		1.4		2.4		1.7

Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months (C22,24,26,28)- refers to the prevalence rate by total by age group 1/ Refers to previous year prevalence rate of the area 2/ 0-59 months = 13.5 x Total Population 3/ 0-71 months = 16.2 x Total Population

IT-FOR-LENGTH for 0-23 months old preschool children and WEIGHT-FOR-HEIGHT for 24-60 months old preschool children.

(Original Signed) NINO ARCHIE S. LABORDO
 Name and Signature of DCNPC/Nutritionist /PNAO
February 20, 2019

Checked: **CATALINO P. DOTOLLO, JR.**
 Name and Signature of Provincial Health Officer
 Date: **February 20,2019**

Approved: **(Original Signed) DR. MINERVA P. MOLON**
 Name and Signature of Governor
 PNC Chair
 Date: _____