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 Republic of the Philippines
 Department of Health
 NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2012 Page 1 of 13

Region: VIII Total Number of Provinces/Cities: 13 Year/Period of Measurement: 2018
 Total No. of Provs./Cities with OPT Plus Results: 18.25 Indigenous Groups (if any): Mamanwa, Badjao
 Total No. Province: 6 City: 7 Number of Indigenous PS measured: 0-59 mos old- 2228 0-71 mos. old- 2693

Please check: **Normal Weight for Age** **Normal Length/Height for Age** **Normal Weight for Length/Height**

Province/City	Total Number of Children																	Total Normal Measured
	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
Baybay City	18605	10532	56.6%	383	346	276	250	828	743	809	762	847	784	830	790	678	602	8928
Biliran	31860	22373	70.2%	1053	964	791	713	1720	1700	1747	1724	1734	1602	1834	1676	1546	1384	20188
Borongan City	12125	5028	41.5%	147	184	155	190	347	348	362	378	445	387	370	362	380	362	4417
Calbayog City	32854	18477	56.2%	685	686	667	703	1530	1549	1500	1430	1475	1389	1388	1315	1055	911	16283
Catbalogan City	18563	17679	95.2%	562	529	549	512	1313	1319	1472	1340	1574	1499	1575	1373	1257	1230	16104
Eastern Samar	69616	38825	55.8%	1311	1241	1388	1281	3100	2897	3169	3145	3443	3206	3540	3170	1947	1941	34779
Leyte	238062	121681	51.1%	4865	4591	5377	5033	10543	10105	11453	10761	12031	11145	12369	11197	0	0	109470
Maasin City	15160	6324	41.7%	310	296	262	256	627	548	632	590	651	577	690	616	0	0	6055
Northern Samar	114031	71485	62.7%	2153	2092	2273	2130	5276	4780	5454	5027	6158	5484	6286	5783	4954	4864	62714
Ormoc City	36559	27400	74.9%	1134	1089	918	833	2096	1961	2128	1966	2214	2097	2212	2027	2204	1944	24823
Samar	88055	49440	56.1%	1470	1416	1559	1511	3581	3544	3653	3548	3956	3647	4027	3749	2880	2747	41288
Southern Leyte	59569	36359	61.0%	1272	1112	1246	1044	2508	2426	2969	2630	2973	2766	3342	2998	3152	3041	33479
Tacloban City	41159	19370	47.1%	932	1014	1196	1223	1409	1299	1428	1331	1538	1473	1501	1407	1367	1243	18361
TOTAL	776218	444973	57.3%	16277	15560	16657	15679	34878	33219	36776	34632	39039	36056	39964	36463	21420	20269	396889

Prepared by: (Original Signed) NINO ARCHIE S. LABORDO
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: DR. MINERVA P. MOLON
 Name and Signature of Provincial Health Officer

Noted: (Original Signed) CATALINO P. DOTOLLC
 Name and Signature of Governor/ PNC Chair

Date: February 20,2019

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Region: VIII Total Number of Provinces/Cities: 13 Year/Period of Measurement: 2018
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Please check:

Normal Weight for Age



Normal Length/Height for Age

Normal Weight for Length/Height

Province/City	Total Number of Children																Total Normal Measured	
	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys		Girls
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
Baybay City	18605	10532	56.6%	322	301	224	218	612	603	677	637	695	694	720	703	618	541	7565
Biliran	31860	22373	70.2%	938	867	663	603	1393	1460	1447	1499	1467	1410	1599	1488	1361	1271	17466
Borongan City	12125	5028	41.5%	130	162	127	132	268	284	273	319	358	339	309	306	313	305	3625
Calbayog City	32854	18477	56.2%	632	608	617	607	1305	1361	1358	1237	1265	1199	1226	1147	957	800	14319
Catbalogan City	18563	17679	95.2%	509	481	475	454	1077	1131	1282	1175	1360	1345	1406	1212	1150	1138	14195
Eastern Samar	69616	38825	55.8%	1175	1128	1188	1158	2547	2512	2683	2744	2979	2829	3035	2776	1739	1766	30259
Leyte	238062	121681	51.1%		4202	4861	4493	8676	8617	9963	9475	10474	9751	10262	9737	0	0	90511
Maasin City	15160	6324	41.7%	304	294	260	259	597	522	614	559	601	547	673	602	0	0	5832
Northern Samar	114031	71485	62.7%	2055	1892	2028	1913	4327	4130	4732	4503	5393	4852	5578	5223	4558	4481	55665
Ormoc City	36559	27400	74.9%	1003	985	797	747	1684	1666	1809	1719	1886	1795	1883	1698	1896	1666	21234
Samar	88055	49440	56.1%	1309	1276	1296	1286	2623	2843	2810	2820	3036	2912	3104	2935	2321	2328	32899
Southern Leyte	59569	36359	61.0%	1171	1015	1126	932	2203	2165	2672	2402	2693	2563	3038	2785	2976	2891	30632
Tacloban City	41159	19370	47.1%	540	670	760	724	1052	1113	1280	1164	1358	1327	1504	1338	1391	1243	15464
TOTAL	776218	444973	57.3%	10088	13881	14422	13526	28364	28407	31600	30253	33565	31563	34337	31950	19280	18430	339666

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Approved: DR. MINERVA P. MOLON
 Name and Signature of Provincial Health Officer

Noted: (Original Signed) CATALINO P.
 Name and Signature of Governor/ PNC Chair

Date: February 20,2019

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2012 Page 3 of 13

Total Number of Provinces/Cities: 13Year/Period of Measurement: 2018Region: VIIITotal No. of Provs./Cities with OPT Plus Results: 18.25Indigenous Groups (if any): Mamanwa, BadjaoTotal No. Province: 6 City: 7Number of Indigenous PS measured: 0-59 mos old- 2228 0-71 mos. old- 2693

Please check:

 Normal Weight for Age Normal Length/Height for Age

Normal Weight for Length/Height

Province/City	Total Number of Children																	Total Normal Measured
	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
Baybay City	18605	10532	56.6%	324	301	252	233	839	730	835	794	883	838	877	827	91	66	7890
Biliran	31860	22373	70.2%	937	889	732	672	1713	1669	1779	1753	1776	1682	1872	1738	144	159	17515
Borongan City	12125	5028	41.5%	132	162	128	134	327	326	339	348	420	369	371	370	244	223	3893
Calbayog City	32854	18477	56.2%	643	603	670	656	1521	1518	1570	1457	1589	1454	1492	1418	0	0	14591
Catbalogan City	18563	17679	95.2%	519	504	518	489	1280	1271	1434	1296	1557	1518	1577	1397	118	110	13588
Eastern Samar	69616	38825	55.8%	1235	1178	1383	1259	3127	2871	3278	3213	3512	3354	3634	3251	0	0	31295
Leyte	238062	121681	51.1%	4570	4290	5116	4658	10547	10111	11668	10880	12098	11420	12073	11534	0	0	108965
Maasin City	15160	6324	41.7%	309	302	270	256	626	554	631	597	649	591	698	639	0	0	6122
Northern Samar	114031	71485	62.7%	2179	1980	2215	2033	5216	4738	5566	5141	6277	5690	6578	6135	0	0	53748
Ormoc City	36559	27400	74.9%	997	981	862	780	2061	1900	2128	1947	2207	2140	2253	2097	197	167	20717
Samar	88055	49440	56.1%	1415	1361	1585	1519	3853	3671	3931	3793	4285	4028	4433	4168	391	402	38835
Southern Leyte	59569	36359	61.0%	1165	1018	1180	986	2471	2373	2990	2656	2971	2871	3397	3071	297	294	27740
Tacloban City	41159	19370	47.1%	637	669	789	828	1321	1272	1445	1299	1591	1573	1660	1548	1629	1473	17734
TOTAL	776218	444973	57.3%	15062	14238	15700	14503	34902	33004	37594	35174	39815	37528	40915	38193	3111	2894	362633

Prepared by: (Original Signed) NINO ARCHIE S. LABORDO
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Name and Signature of Provincial Health OfficerNoted: (Original Signed) CATALINO P.
Name and Signature of Governor/ PNC Chair

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Total Number of Provinces/Cities: 13Year/Period of Measurement: 2018Region: VIIITotal No. of Provs./Cities with OPT Plus Results: 18.25Indigenous Groups (if any): Mamanwa, BadjaoTotal No. Province: 6 City: 7Number of Indigenous PS measured: 0-59 mos old- 2228 0-71 mos. old- 2693

Please check:

**Underweight Weight for Age****Stunted Length/Height for Age****Wasted Weight for Length/Height**

Province/City	Total Number of Children																	Total UW Measured
	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
Baybay City	18605	10532	56.6%	6	4	17	14	85	68	112	84	115	125	125	96	136	101	1088
Biliran	31860	22373	70.2%	26	13	16	13	119	75	143	138	133	157	139	168	157	151	1448
Borongan City	12125	5028	41.5%	7	3	8	6	29	17	74	23	34	36	29	42	61	46	415
Calbayog City	32854	18477	56.2%	27	14	41	21	147	105	156	125	187	150	179	167	156	124	1599
Catbalogan City	18563	17679	95.2%	12	6	31	17	70	54	93	70	93	94	101	105	110	90	946
Eastern Samar	69616	38825	55.8%	38	30	92	56	231	183	277	261	302	341	326	286	224	192	2839
Leyte	238062	121681	51.1%	148	102	274	188	793	585	1008	787	1053	974	1068	957	0	0	7937
Maasin City	15160	6324	41.7%	2	5	7	3	16	15	25	20	23	26	23	35	0	0	200
Northern Samar	114031	71485	62.7%	73	43	116	84	440	278	510	409	546	551	641	610	720	595	5616
Ormoc City	36559	27400	74.9%	14	9	49	32	133	96	175	139	166	168	169	188	230	183	1751
Samar	88055	49440	56.1%	63	41	138	83	493	368	561	469	591	596	662	628	641	551	5885
Southern Leyte	59569	36359	61.0%	15	18	28	21	137	101	182	143	187	203	217	224	235	227	1938
Tacloban City	41159	19370	47.1%	5	4	15	15	55	42	60	45	45	68	70	76	72	54	626
TOTAL	776218	444973	57.3%	436	292	832	553	2748	1987	3376	2713	3475	3489	3749	3582	2742	2314	32288

Prepared by: (Original Signed) NINO ARCHIE S. LABORDO
Name and Signature of D/CNPC/Nutritionist/PNAOApproved: DR. MINERVA P. MOLON
Name and Signature of Provincial Health OfficerNoted: (Original Signed) CATALINO P.
Name and Signature of Governor/ PNC Chair

Date: February 20,2019

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Revised February 2012 Page 5 of 13

Region: VIII Total Number of Provinces/Cities: 13 Year/Period of Measurement: 2018
 Total No. of Provs./Cities with OPT Plus Results: 18.25 Indigenous Groups (if any): Mamanwa, Badjao
 Total No. Province: 6 City: 7 Number of Indigenous PS measured: 0-59 mos old- 2228 0-71 mos. old- 2693

Please check: Underweight Weight for Age Stunted Length/Height for Age Wasted Weight for Length/Height

Province/City	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	Total Number of Children														Total Stunted Measured
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
Baybay City	18605	10532	56.6%	29	17	32	18	187	119	178	146	223	177	191	148	182	142	1789
Biliran	31860	22373	70.2%	48	33	69	69	289	198	313	254	334	278	325	306	309	247	3072
Borongan City	12125	5028	41.5%	10	16	11	8	67	52	78	57	86	55	65	73	67	74	719
Calbayog City	32854	18477	56.2%	56	47	81	84	286	231	265	270	331	300	286	287	228	210	2962
Catbalogan City	18563	17679	95.2%	34	29	52	42	196	141	199	165	240	197	227	204	194	167	2087
Eastern Samar	69616	38825	55.8%	79	66	142	83	495	344	539	452	568	489	574	491	346	273	4941
Leyte	238062	121681	51.1%	313	210	514	407	1529	1289	1909	1516	1983	1893	1954	1969	0	0	15486
Maasin City	15160	6324	41.7%	2	4	12	2	38	41	42	51	66	55	50	52	0	0	415
Northern Samar	114031	71485	62.7%	134	103	191	161	780	607	854	671	1045	939	1071	1001	972	906	9435
Ormoc City	36559	27400	74.9%	73	57	84	45	368	242	367	284	429	377	390	387	479	402	3984
Samar	88055	49440	56.1%	123	68	225	159	868	700	965	811	1112	1009	1188	1097	946	848	10119
Southern Leyte	59569	36359	61.0%	58	48	89	67	312	250	362	301	419	374	451	404	382	359	3876
Tacloban City	41159	19370	47.1%	24	22	47	40	178	163	244	194	311	322	279	263	278	241	2606
TOTAL	776218	444973	57.3%	983	720	1549	1185	5593	4377	6315	5172	7147	6465	7051	6682	4383	3869	61491

Prepared by: (Original Signed) NINO ARCHIE S. LABORDO
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: DR. MINERVA P. MOLON
 Name and Signature of Provincial Health Officer

Noted: (Original Signed) CATALINO P.
 Name and Signature of Governor/ PNC Chair

Date: February 20,2019

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

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Region: VIII Total Number of Provinces/Cities: 13 Year/Period of Measurement: 2018
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Please check: Underweight Weight for Age Stunted Length/Height for Age Wasted Weight for Length/Height

Province/City	Total Number of Children																	Total Wasted Measured
	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
Baybay City	18605	10532	56.6%	20	14	18	13	41	32	56	31	48	63	55	41	2	6	440
Biliran	31860	22373	70.2%	64	50	45	24	98	73	101	77	81	81	83	98	8	6	889
Borongan City	12125	5028	41.5%	5	8	4	4	11	11	12	21	11	16	7	15	2	7	134
Calbayog City	32854	18477	56.2%	28	32	34	35	104	84	88	62	65	62	55	55	0	0	704
Catbalogan City	18563	17679	95.2%	30	17	29	14	57	60	81	59	71	57	61	58	5	6	605
Eastern Samar	69616	38825	55.8%	38	35	56	45	110	95	111	121	109	126	99	86	0	0	1031
Leyte	238062	121681	51.1%	167	137	229	216	513	357	518	424	499	468	467	414	0	0	4409
Maasin City	15160	6324	41.7%	0	0	4	2	11	9	17	7	14	4	8	11	0	0	87
Northern Samar	114031	71485	62.7%	78	68	92	96	212	189	246	216	233	234	368	215	0	0	2247
Ormoc City	36559	27400	74.9%	46	38	44	31	84	78	89	85	109	75	83	70	12	8	852
Samar	88055	49440	56.1%	68	57	84	56	207	200	186	167	172	168	174	175	24	32	1770
Southern Leyte	59569	36359	61.0%	44	32	30	33	95	79	116	105	101	83	104	102	48	50	1022
Tacloban City	41159	19370	47.1%	16	13	15	20	52	36	75	40	53	68	71	60	56	41	616
TOTAL	776218	444973	57.3%	604	501	684	589	1595	1303	1696	1415	1566	1505	1635	1400	157	156	14806

Prepared by: (Original Signed) NINO ARCHIE S. LABORDO
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: DR. MINERVA P. MOLON
 Name and Signature of Provincial Health Officer

Noted: (Original Signed) CATALINO P.
 Name and Signature of Governor/ PNC Chair

Date: February 20,2019

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Revised February 2012 Page 7 of 13

Total Number of Provinces/Cities: 13Year/Period of Measurement: 2018Region: VIIITotal No. of Provs./Cities with OPT Plus Results: 18.25Indigenous Groups (if any): Mamanwa, BadjaoTotal No. Province: 6 City: 7Number of Indigenous PS measured: 0-59 mos old- 2228 0-71 mos. old- 2693

Please check:

**Severely Underweight Weight for Age****Severely Stunted Length/Height for Age****Severely Wasted Weight for Length/Height**

Province/City	Total Number of Children																	Total SUW Measured
	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
Baybay City	18605	10532	56.6%	4	0	6	4	31	23	26	19	28	30	24	20	36	28	279
Biliran	31860	22373	70.2%	8	8	12	6	27	18	40	34	32	37	35	35	46	39	377
Borongan City	12125	5028	41.5%	2	2	3	1	13	8	10	8	10	6	11	6	6	6	92
Calbayog City	32854	18477	56.2%	12	7	18	8	37	35	39	44	39	34	41	30	37	23	404
Catbalogan City	18563	17679	95.2%	4	10	10	9	33	26	30	21	40	31	39	29	28	14	324
Eastern Samar	69616	38825	55.8%	13	12	17	15	55	39	51	58	50	52	48	57	33	40	540
Leyte	238062	121681	51.1%	48	36	84	58	265	175	271	205	241	242	271	250	0	94	2240
Maasin City	15160	6324	41.7%	0	0	4	0	2	3	2	1	1	1	2	3	0	0	19
Northern Samar	114031	71485	62.7%	36	18	67	47	134	116	162	139	193	167	163	173	189	186	1790
Ormoc City	36559	27400	74.9%	13	12	8	4	35	20	36	28	49	48	35	27	48	52	415
Samar	88055	49440	56.1%	26	17	33	32	124	91	140	118	129	133	127	149	142	135	1396
Southern Leyte	59569	36359	61.0%	4	4	5	6	23	18	30	34	28	40	29	35	34	42	332
Tacloban City	41159	19370	47.1%	0	0	1	0	6	3	9	9	14	10	10	9	9	4	84
TOTAL	776218	444973	57.3%	170	126	268	190	785	575	846	718	854	831	835	823	608	663	8292

Prepared by: (Original Signed) NINO ARCHIE S. LABORDO
Name and Signature of D/CNPC/Nutritionist/PNAOApproved: DR. MINERVA P. MOLON
Name and Signature of Provincial Health OfficerNoted: (Original Signed) CATALINO P.
Name and Signature of Governor/ PNC Chair

Date: February 20,2019

Date: _____

Date: February 20,2019

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

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Total Number of Provinces/Cities: 13Year/Period of Measurement: 2018Region: VIIITotal No. of Provs./Cities with OPT Plus Results: 18.25Indigenous Groups (if any): Mamanwa, BadjaoTotal No. Province: 6 City: 7Number of Indigenous PS measured: 0-59 mos old- 2228 0-71 mos. old- 2693

Please check:

 Severely Underweight Weight for Age**Severely Stunted Length/Height for Age** **Severely Wasted Weight for Length/Height**

Province/City	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	Total Number of Children														Total SS Measured
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
Baybay City	18605	10532	56.6%	14	16	30	19	112	85	88	74	74	74	82	55	58	51	832
Biliran	31860	22373	70.2%	36	18	40	21	144	95	139	110	106	102	92	90	99	65	1157
Borongan City	12125	5028	41.5%	4	3	5	3	31	26	19	19	28	25	22	16	17	13	231
Calbayog City	32854	18477	56.2%	33	17	42	30	125	91	105	97	117	76	121	80	75	40	1049
Catbalogan City	18563	17679	95.2%	21	13	42	25	103	78	95	65	84	70	83	86	62	33	860
Eastern Samar	69616	38825	55.8%	39	38	64	47	216	143	222	176	154	154	182	128	92	61	1716
Leyte	238062	121681	51.1%	169	112	291	160	1006	748	921	738	857	774	857	670	0	0	7303
Maasin City	15160	6324	41.7%	2	1	3	0	9	4	7	4	7	7	3	7	0	0	54
Northern Samar	114031	71485	62.7%	85	56	138	84	489	324	453	350	410	372	395	374	367	283	4180
Ormoc City	36559	27400	74.9%	36	21	55	22	167	117	157	108	122	145	158	159	125	119	1511
Samar	88055	49440	56.1%	0	51	148	89	558	353	509	370	502	442	513	434	357	258	4584
Southern Leyte	59569	36359	61.0%	34	38	49	36	118	96	136	101	112	97	118	100	95	83	1213
Tacloban City	41159	19370	47.1%	16	12	25	12	97	71	91	58	116	124	106	115	109	85	1037
TOTAL	776218	444973	57.3%	489	396	932	548	3175	2231	2942	2270	2689	2462	2732	2314	1456	1091	25727

Prepared by: (Original Signed) NINO ARCHIE S. LABORDO
Name and Signature of D/CNPC/Nutritionist/PNAOApproved: DR. MINERVA P. MOLON
Name and Signature of Provincial Health OfficerNoted: (Original Signed) CATALINO P.
Name and Signature of Governor/ PNC Chair

Date: February 20,2019

Date: _____

Date: February 20,2019

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

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Total Number of Provinces/Cities: 13Year/Period of Measurement: 2018Region: VIIITotal No. of Provs./Cities with OPT Plus Results: 18.25Indigenous Groups (if any): Mamanwa, BadjaoTotal No. Province: 6 City: 7Number of Indigenous PS measured: 0-59 mos old- 2228 0-71 mos. old- 2693

Please check:

 Severely Underweight Weight for Age **Severely Stunted Length/Height for Age****Severely Wasted Weight for Length/Height**

Province/City	Total Number of Children																	Total SW Measured
	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
Baybay City	18605	10532	56.6%	17	10	10	9	31	27	20	8	24	21	16	13	0	0	206
Biliran	31860	22373	70.2%	36	33	11	14	22	27	20	24	12	16	14	18	4	0	251
Borongan City	12125	5028	41.5%	2	7	9	6	19	4	14	7	9	5	13	0	8	3	106
Calbayog City	32854	18477	56.2%	26	32	21	11	46	33	33	30	22	24	21	24	0	0	323
Catbalogan City	18563	17679	95.2%	10	9	9	7	19	13	26	15	22	8	26	14	1	1	180
Eastern Samar	69616	38825	55.8%	31	25	17	16	49	29	59	49	40	25	38	34	0	0	412
Leyte	238062	121681	51.1%	132	116	108	87	244	176	223	156	160	134	162	140	0	0	1838
Maasin City	15160	6324	41.7%	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Northern Samar	114031	71485	62.7%	82	74	41	32	111	85	120	85	102	83	90	88	0	0	993
Ormoc City	36559	27400	74.9%	52	40	13	23	48	27	35	35	38	24	22	19	4	2	382
Samar	88055	49440	56.1%	32	21	24	25	45	36	56	32	31	26	23	25	1	1	378
Southern Leyte	59569	36359	61.0%	22	32	13	17	36	22	22	17	20	18	21	20	9	4	273
Tacloban City	41159	19370	47.1%	21	13	16	7	19	19	26	22	21	30	17	14	12	18	255
TOTAL	776218	444973	57.3%	463	412	292	254	689	498	654	480	501	414	463	409	39	29	5597

Prepared by: (Original Signed) NINO ARCHIE S. LABORDO
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Name and Signature of Provincial Health OfficerNoted: (Original Signed) CATALINO P.
Name and Signature of Governor/ PNC Chair

Date: February 20,2019

Date: _____

Date: February 20,2019

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 Republic of the Philippines
 Department of Health
 NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

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Region: VIII Total Number of Provinces/Cities: 13 Year/Period of Measurement: 2018
 Total No. of Provs./Cities with OPT Plus Results: 18.25 Indigenous Groups (if any): Mamanwa, Badjao
 Total No. Province: 6 City: 7 Number of Indigenous PS measured: 0-59 mos old- 2228 0-71 mos. old- 2693

Please check: **Overweight Weight for Age** **Tall Length/Height for Age** **Overweight Weight for Length/Height** **Obese Weight for Length/Height**

Province/City	Total Number of Children																	Total OW Measured
	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
Baybay City	18605	10532	56.6%	33	34	11	14	23	14	17	20	16	16	19	7	8	5	237
Biliran	31860	22373	70.2%	55	39	16	9	33	29	30	16	31	23	24	12	25	18	360
Borongan City	12125	5028	41.5%	13	5	6	9	11	4	9	3	14	9	11	2	5	3	104
Calbayog City	32854	18477	56.2%	13	17	7	8	10	25	22	19	15	11	13	14	14	3	191
Catbalogan City	18563	17679	95.2%	45	45	18	12	34	28	28	17	20	10	14	7	16	11	305
Eastern Samar	69616	38825	55.8%	73	72	30	38	63	59	64	60	54	35	48	28	32	11	667
Leyte	238062	121681	51.1%	339	306	108	70	220	204	163	143	162	97	139	83	0	0	2034
Maasin City	15160	6324	41.7%	0	2	3	2	4	2	4	4	5	5	11	8	0	0	50
Northern Samar	114031	71485	62.7%	307	251	74	75	117	123	75	82	81	54	55	39	50	27	1410
Ormoc City	36559	27400	74.9%	89	83	8	12	36	27	27	18	24	20	21	12	22	12	411
Samar	88055	49440	56.1%	147	135	44	39	73	102	77	57	52	24	40	24	19	38	871
Southern Leyte	59569	36359	61.0%	56	58	29	8	50	31	57	47	46	35	67	38	56	32	610
Tacloban City	41159	19370	47.1%	17	27	6	5	24	18	45	26	24	28	31	19	21	8	299
TOTAL	776218	444973	57.3%	1187	1074	360	301	698	666	618	512	544	367	493	293	268	168	7549

Prepared by: (Original Signed) NINO ARCHIE S. LABORDO
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: DR. MINERVA P. MOLON
 Name and Signature of Provincial Health Officer

Noted: (Original Signed) CATALINO P.
 Name and Signature of Governor/ PNC Chair

Date: February 20,2019

Date: _____

Date: February 20,2019

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 Republic of the Philippines
 Department of Health
 NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2012 Page 11 of 13

Region: VIII Total Number of Provinces/Cities: 13 Year/Period of Measurement: 2018
 Total No. of Provs./Cities with OPT Plus Results: 18.25 Indigenous Groups (if any): Mamanwa, Badjao
 Total No. Province: 6 City: 7 Number of Indigenous PS measured: 0-59 mos old- 2228 0-71 mos. old- 2693

Please check: Overweight Weight for Age Tall Length/Height for Age Overweight Weight for Length/Height Obese Weight for Length/Height

Province/City	Total Number of Children																Total Tall Measured	
	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys		Girls
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
Baybay City	18605	10532	56.6%	61	50	24	27	56	41	21	28	14	10	5	7	0	2	346
Biliran	31860	22373	70.2%	120	106	63	48	73	69	61	49	23	29	16	7	4	9	677
Borongan City	12125	5028	41.5%	9	7	5	6	7	10	11	6	3	1	0	3	0	3	71
Calbayog City	32854	18477	56.2%	19	25	13	14	28	20	33	10	21	11	10	7	8	2	221
Catbalogan City	18563	17679	95.2%	59	67	39	29	74	77	47	43	43	22	13	12	5	7	537
Eastern Samar	69616	38825	55.8%	105	103	71	70	98	86	66	63	45	27	24	8	3	6	775
Leyte	238062	121681	51.1%	437	459	249	236	593	388	230	237	119	94	67	59	0	0	3168
Maasin City	15160	6324	41.7%	4	4	1	0	5	1	0	1	6	1	0	0	0	0	23
Northern Samar	114031	71485	62.7%	386	332	133	146	256	240	169	152	87	70	41	40	27	29	2108
Ormoc City	36559	27400	74.9%	138	130	47	67	81	79	33	40	16	16	6	10	4	4	671
Samar	88055	49440	56.1%	192	186	113	131	198	196	98	111	41	33	15	27	12	8	1361
Southern Leyte	59569	36359	61.0%	85	90	45	43	84	59	56	54	29	15	33	12	16	10	631
Tacloban City	41159	19370	47.1%	25	33	11	9	27	32	28	16	16	18	14	9	13	12	263
TOTAL	776218	444973	57.3%	1640	1592	814	826	1580	1298	853	810	463	347	244	201	92	92	10852

Prepared by: (Original Signed) NINO ARCHIE S. LABORDO
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: DR. MINERVA P. MOLON
 Name and Signature of Provincial Health Officer

Noted: (Original Signed) CATALINO P.
 Name and Signature of Governor/ PNC Chair

Date: February 20,2019

Date: _____

Date: February 20,2019

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 Republic of the Philippines
 Department of Health
 NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

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Region: VIII Total Number of Provinces/Cities: 13 Year/Period of Measurement: 2018
 Total No. of Provs./Cities with OPT Plus Results: 18.25 Indigenous Groups (if any): Mamanwa, Badjao
 Total No. Province: 6 City: 7 Number of Indigenous PS measured: 0-59 mos old- 2228 0-71 mos. old- 2693

Please check: Overweight Weight for Age Tall Length/Height for Age Overweight Weight for Length/Height Obese Weight for Length/Height

Province/City	Total Number of Children																	Total Overweight Measured
	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
Baybay City	18605	10532	56.6%	22	23	17	17	31	36	33	33	29	19	24	20	0	0	304
Biliran	31860	22373	70.2%	58	26	27	21	41	37	34	38	30	17	31	20	4	2	386
Borongan City	12125	5028	41.5%	11	6	12	5	24	11	16	8	10	15	11	5	3	5	142
Calbayog City	32854	18477	56.2%	27	25	17	14	34	35	28	42	39	29	24	24	0	0	338
Catbalogan City	18563	17679	95.2%	31	32	22	23	50	52	47	48	51	34	36	28	2	0	456
Eastern Samar	69616	38825	55.8%	68	56	38	45	74	79	77	71	73	62	66	55	0	0	764
Leyte	238062	121681	51.1%	247	218	146	125	304	258	281	248	279	224	236	214	0	0	2780
Maasin City	15160	6324	41.7%	2	1	1	2	10	4	12	8	12	10	13	10	0	0	85
Northern Samar	114031	71485	62.7%	144	130	79	76	137	159	134	144	131	113	128	109	0	0	1484
Ormoc City	36559	27400	74.9%	89	80	48	33	76	70	73	62	68	61	50	45	3	9	767
Samar	88055	49440	56.1%	101	73	50	50	82	123	120	72	107	67	97	96	9	7	1054
Southern Leyte	59569	36359	61.0%	52	52	49	33	80	47	63	46	86	48	67	56	6	2	687
Tacloban City	41159	19370	47.1%	25	26	12	21	25	23	37	36	31	38	38	35	44	32	423
TOTAL	776218	444973	57.3%	877	748	518	465	968	934	955	856	946	737	821	717	71	57	9670

Prepared by: (Original Signed) NINO ARCHIE S. LABORDO
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Approved: DR. MINERVA P. MOLON
 Name and Signature of Provincial Health Officer

Noted: (Original Signed) CATALINO P.
 Name and Signature of Governor/ PNC Chair

Date: February 20,2019

Date: _____

Date: February 20,2019

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 Republic of the Philippines
 Department of Health
 NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

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Region: VIII Total Number of Provinces/Cities: 13
 Total No. of Provs./Cities with OPT Plus Results: 18.25
 Total No. Province: 6 City: 7

Year/Period of Measurement: 2018
 Indigenous Groups (if any): Mamanwa, Badjao
 Number of Indigenous PS measured: 0-59 mos old- 2228 0-71 mos. old- 2693

Please check: Overweight Weight for Age Tall Length/Height for Age Overweight Weight for Length/Height Obese Weight for Length/Height

Province/City	Total Number of Children																	Total Obese Measured
	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
Baybay City	18605	10532	56.6%	43	36	13	10	25	23	20	19	22	14	26	12	2	1	266
Biliran	31860	22373	70.2%	47	26	20	10	25	16	26	20	31	23	32	17	1	3	297
Borongan City	12125	5028	41.5%	3	4	5	2	5	6	6	6	9	3	6	3	1	4	63
Calbayog City	32854	18477	56.2%	14	13	4	6	9	16	20	16	18	12	17	12	0	0	157
Catbalogan City	18563	17679	95.2%	33	28	30	17	44	31	35	30	26	17	29	17	5	3	345
Eastern Samar	69616	38825	55.8%	62	59	22	28	67	46	62	61	77	36	73	43	0	0	636
Leyte	238062	121681	51.1%	214	186	112	64	177	158	186	158	218	154	220	144	0	0	1991
Maasin City	15160	6324	41.7%	1	0	1	1	2	1	3	3	5	5	7	1	0	0	30
Northern Samar	114031	71485	62.7%	131	125	54	59	113	85	101	80	95	82	86	69	0	0	1080
Ormoc City	36559	27400	74.9%	66	54	16	14	31	29	41	22	31	33	29	23	3	2	394
Samar	88055	49440	56.1%	80	72	46	30	62	61	93	54	77	57	75	43	6	3	759
Southern Leyte	59569	36359	61.0%	58	53	30	17	28	24	41	36	51	36	55	36	4	0	469
Tacloban City	41159	19370	47.1%	13	14	6	3	18	19	32	31	36	32	35	24	42	37	342
TOTAL	776218	444973	57.3%	765	670	359	261	606	515	666	536	696	504	690	444	64	53	6829

Prepared by: (Original Signed) NINO ARCHIE S. LABORDO
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Approved: DR. MINERVA P. MOLON
 Name and Signature of Provincial Health Officer

Noted: (Original Signed) CATALINO P.
 Name and Signature of Governor/ PNC Chair

Date: February 20,2019

Date: _____

Date: February 20,2019